



CMS NEWS

The Chicago Medical School Newsletter

SUMMER 2018
ISSUE 9

AN INTERPROFESSIONAL APPROACH TO PEP EDUCATION

Franklin Fellow Samuel Bunting is raising awareness about a medication regimen to prevent HIV infection.

PAGE 14

STUDENT LEADERSHIP AWARDS

Individuals and student organizations are honored for their accomplishments.

PAGE 16

FACULTY SPOTLIGHT: DR. JOHN PRUNSKIS

In his new position on a U.S. Department of Health and Human Services task force, Dr. Prunskis is using his expertise in pain management to fight the opioid crisis.

PAGE 31



Welcome, Class of 2022!

The 192 members of the Class of 2022 were welcomed to Chicago Medical School with orientation activities, the White Coat Ceremony, and Field Day.

Chicago Medical School welcomed its new class of medical students to campus during Orientation Week. The university's orientation activities began with a Day of Service. New students from all of the university's schools volunteered their time to local nonprofits, putting into practice two of the university's core tenets: interprofessionalism and service.

Interprofessionalism remained a theme throughout the week, as CMS students joined incoming students from other RFU programs for some parts of orientation, where they were encouraged to work together and learn from each other throughout their time at RFU. "Health care is a team sport," James Carlson, Vice President for Interprofessional Education and Simulation, told students during the university welcome. "Your ability to communicate with colleagues will always be relevant. Your ability to understand your role in

continued on page 4

IN THIS ISSUE:

- Cover** White Coat Ceremony
- 2** Dean's Message
- 3** M3 Clinical Poster Session
- 6** ACEP Leadership and Advocacy Conference
- 9** 2018 AMA Annual Assembly
- 12** Franklin Fellows Open Forum
- 14** An Interprofessional Approach to PrEP Education
- 16** Student Leadership Awards
- 18** Annual Awards Ceremony
- 20** Commencement
- 22** FHCC Internal Medicine Residency and Fellowship Graduation
- 24** Psychiatry Residency Graduation
- 25** Research Spotlight: Student Interns at SUHI
- 25** Student Group Develops Medical Neuroscience Learning Center
- 26** CMS Faculty & Friends Recognition Dinner
- 30** Classroom to Clerkship Ceremony
- 31** Faculty Spotlight: Dr. John Prunskis
- 31** Alumni News
- 32** School & Department News
- 36** Around Campus

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Dean's Message

Greetings from Dean James Record

The Value in a White Coat

The White Coat Ceremony has become a standard ritual in medical school, culminating in a recitation of the professional oath. CMS students no longer recite the original Hippocratic for its biases of gender, slavery, and healing gods and goddesses (among other issues), but rather the Oath of Geneva, though a modified version of even that 20th-century original. While I remember my own white coat, no ceremony was attached. I was handed a white coat along with a stethoscope, reflex hammer, tuning fork, penlight, and dumbbell-sized oto/ophthalmoscope.

I viewed the symbolism of the white coat from the lens of an anxious, aspirational student: a mix of knowledge (that I did not yet have), recognized authority (which was clearly not yet warranted), achievement (that now seemed more questionable), and care (upon which I would primarily rely while the first three items were in such deficit). Although I remember my family's pride when they first saw me adorned in my uniform with its accoutrements, my second patient encounter quickly deconstructed any idolatry of the white coat. Apparently, reciting one's history for the fourth time (although the first to me) was a sign of white coats that needed to adjust their patient care, expressed to me with a surprisingly long string of expletives. After the initial shock, it became a powerful driver to untangle the delicate emotional balance of treating people in pain.

That the white coat allows us into the depth of emotion and caring is the gift of an extraordinary social contract, a protean dynamic that blends perspectives of patient, practitioner and society. In these pages you will see both new students donning white coats to enter the CMS family and our existing family defining what is that responsibility for the wearers of white coats. How thankful we must be.

Sincerely,

A handwritten signature in black ink, appearing to read "James M. Record".

James M. Record, MD, JD, FACP

Dean, Chicago Medical School



M3 Clinical Poster Session

The third annual M3 Clinical Poster Day was held on May 8. Members of the Class of 2019 presented cases they had encountered during their third-year clerkships. Students presented a total of 67 posters, representing every clerkship and over twenty clinical sites. These posters showcased the variety and complexity of clinical medicine that CMS students experience in the M3 year.

At the end of the event, judges presented prizes for several outstanding posters:

1st Place:

Corey Lehnert, CMS '19, with Abid Ali, MD
"Psychosis Delaying the Distinction between PNES
and Epilepsy"
Advocate Christ Medical Center

2nd Place:

Abigail Howard, CMS '19, with Lena Alia, MD
"Superimposed Preeclampsia in the Setting of
Preexisting Renal Disease"
Mount Sinai Hospital

3rd Place:

Sachini Ranasinghe, CMS '19, with Olufeyisayo
Taiwo, MD, and Kalpana Singh, MD
"A Case of Peripartum Cardiomyopathy"
Mount Sinai Hospital

4th Place:

Amanda Allen, CMS '19, with Ann Stevoff, MD
"Statin-Induced Necrotizing Myositis"
Advocate Lutheran General Hospital ■



Welcome, Class of 2022!

(continued from cover)

the context of other professions will always be important.”

Another highlight of orientation was the CMS House Match, where students opened envelopes revealing their house and learning community assignment. Each student at Chicago Medical School is assigned to one of the school’s four houses, and each house is composed of four learning communities, divided by class year. Incoming students were assigned to one of four Class of 2022 mentors, making up the four learning communities. The learning communities provide students with a mentor and a familiar group of cohorts throughout their four years of medical school.

After the House Match, the students broke off into their learning communities for a House Lunch. The

first of many learning community social events, this lunch gave students the chance to meet their new mentor and fellow housemates.

The last day of orientation included support and advice sessions from faculty and current students, aimed at incoming students as well as their friends and family. Second-year students gave “Pearls of Wisdom” to the incoming students based on their own first-year experiences, while panels of administrators, faculty, and students met with the students’ family and friends to give their perspectives on the best ways to give support to medical students, especially during the challenging first year.

White Coat Ceremony

On August 10, the students received their white coats



during a ceremony that symbolized their transition into the medical profession. The White Coat Ceremony is a rite of passage that acknowledges the honor and achievement associated with wearing a white coat, and also the many responsibilities that come along with it.

K. Michael Welch, MD, ChB, FRCP, president and CEO of RFU, gave the keynote address, and **Chantal Creighton**, Class of 2021 student president, delivered the student welcome. **Riya Bhavsar**, CMS '20, read her white coat reflection, titled "Ode to the White Coat." The white coat reflection is an introspective essay on the meaning of the white coat that all CMS students write after their second year of medical school.

The members of the Class of 2022 were presented by house and coated by their learning community mentor onstage. The ceremony ended with a recitation of the Oath of Geneva. ■

Field Day



On August 18, students participated in Field Day, an annual event where the four houses of CMS compete in a series of outdoor games. Students played tug of war, water pong, bean bag toss, and other games to determine which house would be the final winner.

The student-led event, organized by the CMS House Council, gives first-year students an opportunity to get to know their new classmates, especially the other members of their house. Students also get to know their learning community mentors and other faculty members who attend Field Day.

Congratulations to Emanuel House, this year's Field Day winner!



American College of Emergency Physicians (ACEP) Leadership & Advocacy Conference

Student representatives from CMS who attended the conference share their thoughts and provide an overview of their experiences.

The American College of Emergency Physicians (ACEP) held the 2018 Leadership & Advocacy Conference (LAC) from May 20-23 at the Grand Hyatt Washington in Washington, D.C. Two Chicago Medical School students, **Matthew Christensen** and **Dane Sale**, both CMS '21, joined hundreds of residents and physicians from around the country to discuss the most relevant topics in emergency medicine from a student and provider perspective. The conference offered students access to expert panelists and speakers leading discussions on topics relevant to emergency medicine, networking opportunities to become further involved in ACEP's advocacy efforts, and Capitol Hill meetings with members of Congress and their healthcare policy advisors. The ACEP-affiliated Emergency Medicine



Resident's Association (EMRA) also had a presence at LAC, holding breakout sessions for students and residents to mingle along with EMRA Committee meetings where students and residents could learn more about national EMRA leadership positions.

The conference began with a Health Policy Primer and various breakout sessions sponsored by EMRA, providing the opportunity for attendees with limited previous experience to gain a foundational understanding of the healthcare policy process. Students and residents were introduced to the EMRA Health Policy Committee and given opportunities to contribute to projects that will dictate the future direction of EMRA health policy stances. Guest speakers spent the following day discussing a variety of pressing emergency medicine topics and preparing attendees for Capitol Hill visits. Notable topics discussed included the prudent layperson standard, alternative methods of insurance reimbursement, and progressive methods that have shown promise to address the opioid crisis. The Hill visit preparation centered around three major

issues: shortages of essential medications, lack of sufficient disaster preparedness infrastructure in many communities, and how the Alternatives to Opioids (ALTO) Act and Preventing Overdose While in Emergency Rooms (POWER) Act would address the opioid epidemic from an emergency medicine perspective.

Capitol Hill Day was overflowing with addresses from members of Congress. Senator Bill Cassidy (R-LA) and Representative Kyrsten Sinema (D-AZ) led the morning discussion before attendees were bussed to Capitol Hill. While on the Hill, the CMS students joined the Illinois delegation to meet with lead healthcare policy advisors for Senators Tammy Duckworth (D-IL) and Richard Durbin (D-IL) before breaking into smaller groups to meet directly with Representative Brad Schneider (D-IL) and the lead healthcare advisor to Representative Michael Quigley (D-IL). The day ended with a Congressional reception and meet-and-greet with Representative Raul Ruiz (D-CA), the only current member of Congress with experience as an emergency medicine physician.

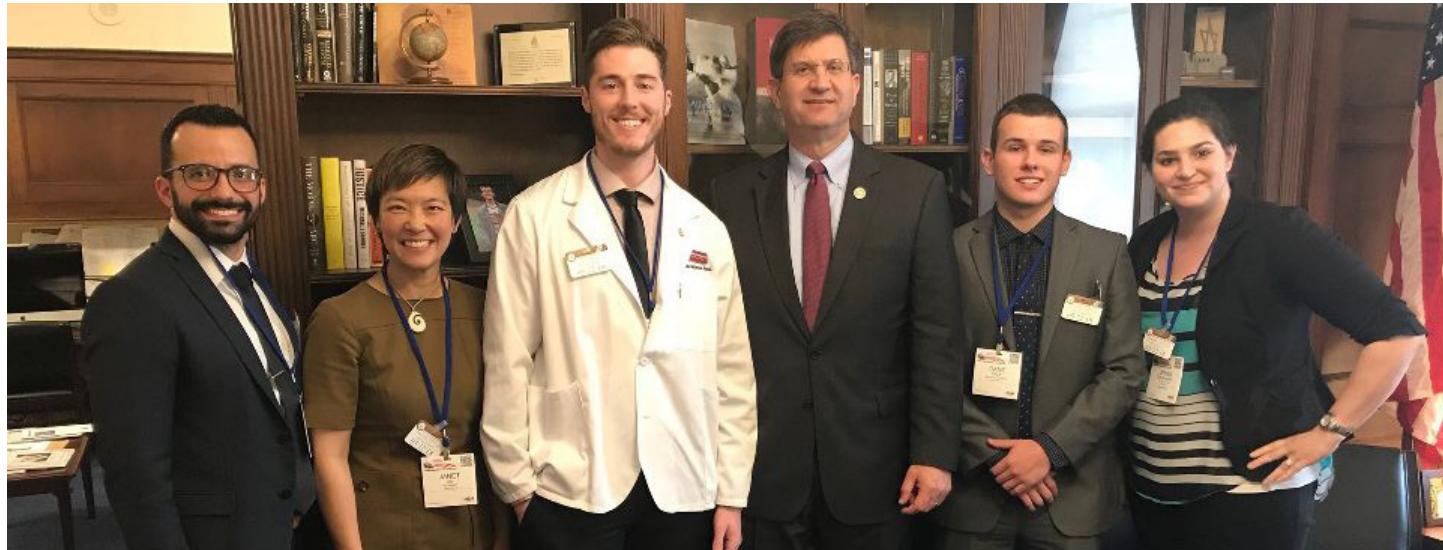


Matthew Christensen and Dane Sale pose outside the offices of senators Richard Durbin (left) and Tammy Duckworth (above). Opposite page: The Lake County, IL, delegation team, including Matthew Christensen (white coat, back left) and Dane, stand on the steps of the Capitol Building in Washington, D.C. between Congressional office visits.

The final day of the conference was highlighted by keynote speaker and United States Surgeon General VADM Jerome M. Adams. VADM Adams sat down with an ACEP moderator for a Q&A session to speak about his personal experience battling the opioid epidemic as a physician in his home state of Indiana before his appointment as Surgeon General. The conversation then shifted to what is being done on a national level between healthcare and

law enforcement officials to strategically combat this crisis. VADM Adams ended his session with an inspiring message about how the audience can use their medical expertise and passion for caring for others to lead the conversation and continue to affect change across the healthcare landscape. ■

Article and photographs submitted by Matthew Christensen, CMS '21.



The Lake County, IL, delegation team, including CMS students Matthew Christensen (white coat, center left) and Dane Sale (gray coat, center right) meet with Congressman Brad Schneider (D-IL).

Student Testimony

“This conference was an incredible opportunity to collaborate with likeminded physicians and residents to directly address the most pressing matters in emergency medicine. It was insightful and inspiring to meet members of Congress and attend the Surgeon General’s keynote address; experiences like this are a refreshing reminder that it only takes one person to make a difference.”

“At this conference, I was able to experience the intricacies of health policy and role of physicians in advocating for the interests of their profession and patients. As medical students and physicians, we have intimate perspectives on healthcare concerns that must be shared with policymakers who are influencing change. Even as a medical student, your story matters and there are open ears on Capitol Hill.”

Matthew Christensen,
CMS Class of 2021

Co-President, Emergency
Medicine Interest Group



Dane Sale,
CMS Class of 2021

ESC Representative,
Emergency Medicine
Interest Group





2018 American Medical Association (AMA) Annual Assembly

Chicago Medical School AMA student delegates give an overview of the annual conference they attended.

The 2018 AMA Annual Assembly took place June 7-13 at the Hyatt Regency Chicago. AMA Medical Student Section Delegate **Matthew J. Christensen** and Alternate Delegate **Alvin P. Singh**, both CMS '21, joined over 750 medical students and delegates from across the country at the AMA Medical Student Section (AMA-MSS) Assembly, held June 7-9. As the delegates from CMS, Mr. Christensen and Mr. Singh were active participants in the review of the student-authored resolutions presented on the assembly floor, with the opportunity to debate and vote on each resolution. Resolutions that received a majority vote of affirmation were adopted as official AMA-MSS policy and presented to the full AMA House of Delegates (HOD) later in the week. The following is a short list of topics discussed at this year's HOD:

- Critical shortages of life-saving drugs
- Patients' awareness of opioid use disorders

through education

- Combating the male/female disparities in pay in all medical specialties
- Gun violence reform
- Opposition to separating immigrant children from caregivers at borders
- Augmented Intelligence (AI) in health care
- The need for improved EHR Training for medical students and residents

AMA-MSS Assembly Highlights

The AMA-MSS is divided into seven regions. The regions provide a structure for the election of regional delegates, serve as a communication unit for the MSS, foster collaboration between local medical school sections and state medical societies, and facilitate interaction between new and more well-established local medical school sections.

Chicago Medical School is a member of AMA Region 2, which includes all allopathic and osteopathic medical schools in Illinois, Iowa, Minnesota, Missouri, Nebraska, and Wisconsin.

The MSS Assembly considered 60 items of business, ultimately adopting 35 of the presented resolutions via the American Institute of Parliamentarians Standard Code of Parliamentary Procedure. Notable topics include firearm safety to prevent accidental child deaths, opposition to regulations that penalize immigrants for accessing health care services, and support for continued 9-1-1 modernization and the national implementation of Text-to-911 service. The AMA-MSS Assembly also elected members of the 2018-19 MSS National Governing Council.

On Friday morning, the Region 2 Assembly was held, with focus on policy and resolutions. The CMS delegates collaborated with other Region 2 delegates to discuss regional policy support and strategic testimony to support or oppose particular resolution proposals on the assembly floor. First-

time attendees were paired with resolution authors and other experienced members to teach them to craft their positions and speak on behalf of Region 2.

On Saturday, Mr. Christensen and Mr. Singh joined hundreds of AMA medical student delegates in the “Medical Specialty Showcase and Clinical Skills Workshop” to network with physicians representing 40+ specialty societies such as the American Academy of Neurology (AAN), American College of Emergency Physicians (ACEP), and the American College of Surgeons (ACS). At this event, students gained valuable information about different medical specialties, talked with residents and physicians about their experience in each specialty, and tried their hand at clinical skills ranging from standard to advanced techniques. Highlights of the medical skills showcase included suturing, ultrasonography, splinting, and airway management.

Furthermore, from Thursday to Saturday, students had the opportunity to attend various featured



Educational Sessions and Specialty Groups Programming, which included: “Exploring the Cutting Edge of Gene Therapy in Medicine”, “After the Smoke Clears: Provider Well-Being After Mass Casualty Incidents”, and “Blockchain in Healthcare: Hype or Here to Stay”.

Upon returning from the Annual Meeting, Matthew J. Christensen and Alvin P. Singh authored a 2018 Annual Assembly Report to inform the student body and university at large of the topics discussed and decisions made at the MSS assembly. In the report, the delegates selected two resolutions they each considered to be the highest yield, and summarized the content, decision, and next steps of these resolutions. Anyone interested in reading the full-length versions of all resolutions discussed at this assembly may email ama@rfums.org for the full resolution guide. This report was distributed to all Chicago Medical School AMA student members, and the student delegates plan to author a similar report following the AMA Interim meeting scheduled from November 8-10 in National Harbor, Maryland.

About the AMA at RFUMS

The mission of the American Medical Association is to promote the art and science of medicine and the betterment of public health. This AMA Chapter serves the students of the Chicago Medical School as an organization whose primary focus is on advocacy and community service, while also serving as a liaison between the local chapter and the national Medical Student Section (AMA-MSS). ■

Article and photographs submitted by Alvin Singh, CMS '21.

Below, from left: Alvin P. Singh, CMS '21, practices femoral artery catheterization at the AMA Medical Specialty and Clinical Skills Showcase. AMA Medical Student Delegates from Region 2 – Illinois, Iowa, Minnesota, Missouri, Nebraska, and Wisconsin. : Delegates from Illinois medical schools, including Alvin P. Singh (top middle) and Matthew J. Christensen (top right).

Page 9: Delegates from Illinois medical schools.



AMA Annual Meeting 2018

#AMAmtg #MembersMoveMedicine

AMA
AMERICAN MEDICAL
ASSOCIATION

Franklin Fellows Open Forum

On May 1, the 2017-2018 Franklin Fellows presented posters detailing the goals and results of their health service projects. The Franklin Fellowship, established in 2012 through a gift by the Franklin family, selects RFU students who are committed to interprofessional service and leadership. Over the course of their fellowship, students develop and implement a year-long service project to improve the health of local underserved communities.

Joana Abed Elahad, CMS '21

Project: "Fit4Life — Promoting Successful Aging"

Goal: To promote successful aging, focusing on physical fitness, mental health, and positivity.

Process: Joana implemented a six-session workshop for seniors in the local community. Topics included setting physical and mental health goals, art therapy, physical fitness, nutrition and medications, and technology use. This is the third year that the Fit4Life program has been run by a Franklin Fellow.

Community Partner: Waukegan Township Park Place Senior Center



Leah Bolden, CMS '21

Project: "Homelessness and the Workforce"

Goal: To provide resources to homeless individuals to help them successfully obtain and maintain employment, and to help them develop important life skills.

Process: Leah organized four hour-long sessions facilitated by interprofessional RFU student groups. These sessions were conducted for homeless male and female individuals at local transitional housing centers and provided information to help participants better transition into the workforce.

Community Partners: The Staben House and the Eddie Washington Center

Samuel Bunting, CMS '21

Project: "PrEP Education for Community Healthcare Providers: An Interprofessional Approach"

Goal: To educate health providers – both current and future – about an HIV medication regimen called Pre-Exposure Prophylaxis (PrEP), and how to identify patients who are at high risk for becoming HIV positive.

Process: Samuel assembled an interprofessional team of students to design a comprehensive education module about PrEP. Topics included a background of the HIV epidemic, the pharmacology of PrEP, requirements for prescription, medical monitoring, and financial and social barriers to access. He also designed case studies in partnership with the Lake County Health Department, which were presented at RFU and at several locations in Lake County.

Community Partners: Lake County Health Department, Rosalind Franklin University Health Clinics, and New Life Volunteering Society





Sarah Laudon, CMS '21

Project: "Lake County Research Exploration Post"

Goal: To connect local high school students to researchers and graduate students at RFU, in order to teach them about interprofessionalism in research.

Process: Sarah brought students from Waukegan High School and North Chicago High School to explore laboratories, learn basic lab skills, and interact with student and faculty researchers at RFU. Discussion topics included research in sports medicine, cardiology, neuroscience, psychology, and cancer.

Community Partners: Boys and Girls Club of Lake County, Waukegan High School, and North Chicago High School

Maritza Martín, CMS '21

Project: "Bringing *Cultura* to You: Building Awareness at RFU about Latino *Comunidades* Nationwide"

Goal: To bring awareness and attention to social issues that affect Latino communities on a daily basis.

Process: Maritza organized four sessions on factors that affect the marginalized Latino community, with a focus on how medical professionals can use this information to effectively treat and understand Latino patients. Topics included social determinants of Latino health, Latino patients in "survival mode," and "the Latino reality."

Community Partners: Waukegan Public Library, A Safe Place, and the Baldwin Institute for Interprofessional Education



Emily Stone, CMS '21

Project: "Program to Create Relationships Between Patients, Childcare Providers, Physicians, and Public Health Services to Reduce Pediatric Lead Exposure in Lake County"

Goal: To create an educational program to increase awareness and teach prevention techniques to childcare providers about lead exposure, as a supplement to the YWCA's Childhood Development Associate class.

Process: Emily conducted a thorough literature review and spoke to physicians and public health officials to gather information about lead exposure and treatment. She then presented her information to the Childhood Development Associate class, giving future daycare providers and preschool assistant teachers crucial information about the effects of lead exposure and how to prevent it.

Community Partner: YWCA of Lake County

Janki Thakkar, CMS '21

Project: "Promoting Sustainable Wellness Strategies for Survivors of Domestic Violence"

Goal: To give women and children in Lake County who have suffered from domestic violence the tools they need to live healthy lives.

Process: Janki led interactive sessions at a local domestic violence shelter to help participants learn about easily implementable strategies to improve their wellness.

Topics included healthy eating, rebuilding through the arts, and mindful meditation.

Community Partner: A Safe Place ■



Franklin Fellow Project: An Interprofessional Approach to PrEP Education

Sam Bunting, 2017-2018 Franklin Fellow, developed a project to educate healthcare providers about PrEP, a medication regimen to prevent HIV infection. He has presented his education module locally and nationally, and he recently won an Interprofessional Achievement Award for his project at a national summit in Minnesota.



Sam Bunting (third from right) with some of the members of his interprofessional student team: Kaitlyn Woodman, COP '21; Jessica Matthiesen, CMS '21; Adam Koss, CHP '19; Brianna Norris, CMS '21; and Christopher Gideon, CMS '21.

Sam Bunting, CMS '21, has spent the past year designing and implementing a service-learning project as part of his Franklin Fellowship — a program that aims to develop a community of students committed to interprofessional service and leadership. Over the course of his first year of medical school, he has assembled a team of interprofessional student volunteers to bring awareness about Pre-Exposure Prophylaxis (PrEP), a category of antiretroviral medications that can prevent new HIV infections in patients who are HIV-negative but at high risk for becoming HIV-positive.

Before beginning his project, Sam had identified a serious need in the community: PrEP is up to 99 percent effective at preventing new HIV infection, but only about 10 percent of eligible high-risk patients are prescribed the drug regimen. This is because many healthcare providers simply aren't aware of its existence or how to identify the patients who could benefit from it. Sam and his team —

composed of students from RFU's medical, physician assistant, podiatry, pharmacy, psychology, and healthcare administration programs — researched national and local statistics about PrEP and HIV risk and collaborated with community partners in the Lake County Health Department (LCHD) to design a curriculum that was specifically tailored to the patients the LCHD serves.

The team then delivered an educational presentation, titled "PrEP Education for Community Healthcare Providers: An Interprofessional Approach," at several key locations in the community. They presented at four LCHD sites, educating the Health Department's physicians, nurses, physician assistants, behavioral health professionals, therapists, and administrative staff about the social determinants of HIV, how high-risk patients can be identified, and how PrEP can be used to reduce that risk. The students also gave a presentation to a group of community health workers at the Waukegan Public Library, as



well as two on-campus presentations to the RFU community. Altogether, over 70 providers and community members attended these presentations, creating a powerful resource of professionals and advocates who know about PrEP and now have the ability to make major strides in reducing HIV burden locally and nationally.

Sam worked with the LCHD to analyze prescription data for three months before and after his workshops were held, and the data showed that his efforts are already making a difference.

"I am thrilled with the work we've done so far," Sam said. "Prescription of PrEP to eligible African American patients went from 8 percent to 22 percent, and for white patients we saw an increase from 25 percent to 36 percent, which demonstrates that these workshops are having an effect on actual patient care."

Sam is now working on expanding his project to reach national audiences. In July, he presented a poster titled "Educating Community Healthcare Workers About PrEP Using a Holistic, Interprofessional Service-Learning Model" at the National Center for Interprofessional Practice and Education NEXUS Summit in Minneapolis, MN, where he received the inaugural student Interprofessional Achievement Award for his presentation.

In October, he will give a presentation of the same title and run an hour-long workshop at the Gay and Lesbian Medical Association (GLMA) National Conference in Las Vegas. He is also in the process of working with students and faculty from universities and health agencies across the country to replicate the project in their communities.

"I'm so inspired by the students who want to work on this project with me," Sam said. "My peers are accepting, diverse, and driven by the need for change. I truly believe we will be the generation of healthcare professionals who end the HIV epidemic." ■

Above: Sam gives an on-campus presentation about PrEP to RFU students and faculty. Below, left: Sam with his award-winning poster at the National Center for Interprofessional Practice and Education NEXUS Summit in Minneapolis. Below, right: Sam receives his Interprofessional Achievement Award, presented by Dr. Barbara Brandt, Director, National Center for Interprofessional Practice and Education, and Dr. George Thibault, former President, Josiah Macy Jr. Foundation.



Student Leadership Awards

Student leaders and organizations were honored for their contributions to the university during the 2018 Student Leadership Awards, held May 3 as part of the university's Impact Week. Students were selected based on leadership in service, mentoring, community engagement, and advocacy. Congratulations to the winners from CMS:

- **Valerie Chavez**, CMS '18 — CMS Student Leadership Award
- **Timothy Nguyen**, CMS '20 — RFU At Large Student Leadership Award
- **Maritza Martín**, CMS '21 — Rising Rosalind Award
- **Sam Bonge**, CMS '20 — Outstanding Diversity & Inclusion Peer Mentor Award
- **Timothy Nguyen**, CMS '20 — Outstanding Representation of a Student Voice
- **Amber Fearon**, CMS '20 — Outstanding Service in Tutoring Award
- **Jillian Stariha**, CMS '20 — Outstanding Sportsmanship Award
- **Hunter Launer**, CMS '20 — Stewardship Award
- **Edwin Llamas**, CMS '21 — Outstanding Community Member Award
- **Jesse Liou**, CMS '18 — Outstanding Ambassador Award

The student organizations that received awards for their service to the community included:

Interprofessional Community Initiative (ICI) — Outstanding Community Service Award, for the management of the Interprofessional Community Clinic

Student Interest Group in Neurology/Neurosurgery (SIGN) — Outstanding Educational Service Award, for the creation of the Medical Neuroscience Learning Center

Phi Delta Epsilon — Outstanding Educational Service Award

Garden Club — Outstanding New Student Organization

Emergency Medicine Interest Group — Outstanding Student Organization Award

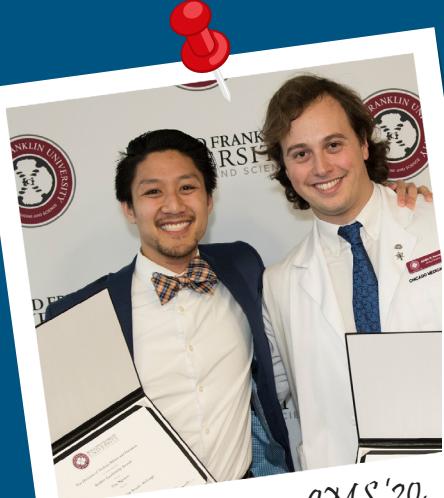
Oncology Interest Group, Athletics Club, and American Medical Women's Association — Outstanding Collaboration Award, for "Pink Week" in support of the fight against breast cancer

Latino Medical Student Association (LMSA) — Team Unity Award

Muslim Student Association — Outstanding Multicultural Project Award, for Hijab Awareness Day

Salud Ofrecida a Latinos — Multicultural Advisory Board Award ■





Timothy Nguyen, CMS '20,
and Jordan Newman,
CMS '21



Natasha Scaria, CMS '21, and
Alexa Zajecka, CMS '20,
representing Phi Delta Epsilon



Hunter Launer,
CMS '20



Casey DeHoedt, CMS '20; Matt Christensen, CMS '21; Chantal Creighton,
CMS '21; Fatma Çiftci, CMS '20; and Josh Kogan, CMS '20,
representing the Emergency Medicine Interest Group

Annual Awards Ceremony

The following awards were presented to CMS students at the university's Annual Awards Ceremony on May 31. Unless otherwise indicated, recipients are members of the Class of 2018.

CMS Alumni Association Scholastic Achievement Award

Conferred upon the student(s) who maintain the highest grade point average throughout the four-year curriculum.

Omed Ahadiat

Matthew Paul Connor

integrity, excellence, compassion, altruism, respect, empathy and service.

Student: Angela Joy Wu

Faculty: Amy Swift-Johnson, MD '06, assistant professor of family medicine

CMS Clerkship Awards

For excellence in academics, clinical skills, and professionalism in their respective specialty. Chosen by each department.

Emergency Medicine: Samantha Rae Powers

Family Medicine: Alicia Mae Pereslucha

Medicine: Matthew Paul Connor

Neurology: YoungHun (Joseph) Yoon

OB/GYN: Briana Janise Brinkley

Pediatrics: Patrick James Holman

Psychiatry: Javier Jimenez

Surgery: Gabriel Adam Arom

Melvyn Leichtling, MD '48 Oncology Research Award

Established in 1977 to give assistance to students who submit an outstanding research proposal related to the field of oncology.

Anika Dutta

Martin Gecht, MD '44 Memorial Award

Recognizes student efforts in community service projects, including development, leadership, assessment and inspiration of community projects. This award honors Dr. Gecht's love of CMS and commemorates his commitment to the community.

Crystal Joi Forman

Ronald Bangasser, MD '75 Memorial Award

Recognizes demonstrated leadership in medical school. This award commemorates the commitment that Dr. Bangasser had for organized medicine and service to his colleagues.

Javier Farinas Jr.

CMS Dean's Award for Service to the School

Established in 1974 to give recognition to graduating students who have been active in school functions and have demonstrated a continuing interest in the future of the school.

Mathew Clement Francis

Archana Ramesh

Amelia Glazier

Nicholas J. Welsh

Kenny Hoang

Martin Matthew Wrobel

Rana Rabei

Ronald M. Reifler Primary Care Award

Awarded to a graduate who will be continuing their career in primary care. This award commemorates Mr. Reifler's love of learning and enthusiasm for helping others to reach their potential.

Samuel Min Choi

MD with Distinction in Research

Awarded to students who complete a substantial committee-refereed research program during the course of their medical studies.

Andrew Jacob Alsterda Dhruv Marwha

Amishi Bajaj Zak Ritchey

Vina Chhaya

Leonard Tow Humanism in Medicine Award

Presented by the Arnold P. Gold Foundation to one faculty member and one graduating medical student who exemplify



Glasgow-Rubin Citation for Academic Achievement
Awarded by the American Medical Women's Association to women who graduate in the top 10 percent of their medical school graduating classes.

Shannon Marie Burke
Allison Kate Jenness
Sarah Mahroo Kavianpour

Kelly Mueller
Samantha Jane Wala

Eugene J. Rogers, MD '46 Memorial Award for Excellence in Physical Medicine and Rehabilitation

Awarded to a graduate who will be continuing their career in the specialty of physical medicine and rehabilitation.

Francis A. Eusebio

USPHS Excellence in Public Health Award

Awarded by the U.S. Public Health Service to medical students who are involved in public health issues in their community.

Stephanie Miles, CMS '19

CMS Student Humanitarian Award

Recognizes the full measures of a student's worth, as someone whose efforts on behalf of others, especially the poor, define a quality of character that embodies selfless service to improve health.

Kaitlyn Elizabeth Egan Bethlehem Atoma, CMS '20

Senior Independent Project Award

Awarded to graduating students who complete an outstanding independent project.

Adwoa A. Adu Angela Jina Kim

Department of Nutrition Award for Nutrition Education

Presented to the graduating student with the most outstanding performance in the Nutrition Education degree track.

Elizabeth DeJulius

Department of Nutrition Award for Clinical Nutrition

Presented to the graduating student with the most outstanding performance in the Clinical Nutrition degree track.

Joanna Moldenhauer

Basic Science with Distinction

For earning above a 89.5 combined GPA in the first two years of medical school.

Omeed Ahadiat
Andrew Jacob Alsterda
Sheena C. Anand
Ibukunoluwa Araoye
Gabriel Arom
Johnathan Nguyen Au
Klil Rebecca Babin
Briana Janise Brinkley
Shannon Marie Burke
Kylie Elizabeth Bussie
Steven Cai
Ronny Cheuk-Kit Chan
Nirav Chauhan
Eugenia Lii Chen
Vina Yash Chhaya
Matthew Paul Connor
Matthew Cozzolino
Ruskin Ross Tan Cua
Kristina P. Doytcheva
Gabriel Duhanicoglu
Meghan Marie Eastman
Cameron Evans
Shannon Nichole Gerberding
Soumojit Ghosh
Amelia Glazier
Barry Bardia Golestanly
Jennifer Hanak
Patrick James Holman
Jazmin Unique Horne
Alexander Chulsoon Hwang
Allison Kate Jenness
Sarah Mahroo Kavianpour
Angela Jina Kim
Nicholas Francis Leader
Jesse Liou
Hannah Lu
Yurong Mai
Melissa Lee Miller
Caitlin Tabor Morin
Kelly Mueller
Pagah Naeimi
Albert Huuduy Nguyen
Brandon M. Nudelman
Jennifer Kate Obrzydowski
Ruchee Patel
Philip R. Persino
Samantha Rae Powers
Rana Rabei
Michael Reynolds
Morteza Sadeh
Tianyu Shang
Gurmit Singh
Chelsea Steffens
Vivek Verma
Samantha Jane Wala
Michael E. Weinfeld
Bradley White
Samuel Jonathan Wu
Brian Gerard Yep
YoungHun (Joseph) Yoon
Riley Jean Young
Yujia Zhou ■



Commencement 2018

The CMS Class of 2018 received their medical degrees during the university's 104th commencement ceremony, held June 1 at the UIC Pavilion. During the ceremony, Dr. K. Michael Welch, president and CEO of RFU, congratulated the graduates on becoming "guardians of the health of our nation" and emphasized the role that service learning plays at RFU: more than half of the university's student organizations focus on giving back to the community, and community outreach is embedded into the curriculum.

Timothy Nguyen, CMS '20, president of the

RFU Executive Student Council, gave the student address, praising the graduates for the mentorship they gave to their younger peers and the example they set for future classes. Citing areas like academic peer tutoring, serving on the Executive Student Council, participating in the Interprofessional Community Clinic, tutoring high school students, and providing free health care screenings, Timothy stated that the many ways students serve others — both within the university and in the outside community — are "things that make everyone on the stage proud to be part of your education."



Timothy encouraged the graduates to continue their pattern of mentorship beyond graduation, making opportunities in their professional lives to provide guidance to students who came after them. “Open doors to current and future students so they can go on to improve the world around them even more than you could possibly dream of doing,” he said. “In this way, your reach will extend far beyond what you’ve done during your time at RFUMS.”

Ann Rondeau, MA, EdD, College of DuPage president and retired U.S. Navy Vice Admiral, delivered the commencement address. Dr.

Rondeau — who played a foundational role in the establishment of the Captain James A. Lovell Federal Health Care Center, RFU’s clinical and research partner — talked about the importance of serving the community and making positive social change, no matter how small.

“The way to change the world is not through some grandiose plan, because sometimes we have the ability to make that impact and sometimes not,” she said. “But we all have the ability to impact one day at a time.” ■



FHCC Internal Medicine Residency and Fellowship Graduation

On June 8, Chicago Medical School celebrated the graduation of the Captain James A. Lovell Federal Health Care Center (FHCC) internal medicine residents and fellows. Nine residents and ten fellows graduated during the ceremony. The fellows completed their subspecialty training in cardiovascular disease (3), interventional cardiology (1), endocrinology (2), and pulmonary disease (4).

The keynote address was given by **Amin Ur Rehman Nadeem**, MD, FCCP, an assistant professor of medicine who specializes in critical care and internal medicine. **Cristina Anez de Gomez**, MD, one of the graduating residents, delivered the commencement address.

Congratulations to all the graduates:

Residents:

Ali Al Khazaali, MD

Cristina Anez de Gomez, MD

Nkeiruka Ezenduka, MD

Dhauna Prasad, MD

Bravo M. Maldini, MD

Murtaza Mirza, MD

Gurjot Singh, MD

George Sousanieh, MD, Chief Medical Resident

Arun Syriac, MD



Fellows:

Shamma Haris, MD	Cardiovascular Disease
Omar A. Hussein, MD	Cardiovascular Disease
Ali Mirhosseini, MD	Cardiovascular Disease
Ibrahim N. Mansour, MD	Interventional Cardiology
Amena Iqbal, MD	Endocrinology
Bushra Osmani, MD	Endocrinology
Anuj Behal, MD	Pulmonary Disease
Gurveen Malhotra, MD	Pulmonary Disease
Kunal Patel, MD	Pulmonary Disease
Vimal Ravi, MBBS, MD	Pulmonary Disease

Several residents and faculty members received awards during their ceremony. **Cristina Añez de**

Gomez, MD, was named Outstanding Graduating Medical Resident, while **Edgar Davila, MD**, was named Outstanding Medical Intern. **Gurjot Singh, MD**, received the Eric Gall Professionalism Award, given annually to a graduating resident or fellow who demonstrates altruism, accountability, excellence, duty, service, honor, integrity and respect for others.

Two faculty members received awards: **Amin Ur Rehman Nadeem, MD**, assistant professor of medicine, received the Max H. Weil Excellence in Clinical Teaching Award, and **Brian Park, MD**, assistant professor of medicine, received the James B. Hammond Humanitarian Award. ■



Psychiatry Residency Graduation and Awards Ceremony

During the ceremony on June 15, ten residents received their diplomas: **Amir Badar**, MD, MPH; **Amit Bhatia**, MD; **Patricia Ann Calimlim**, MD; **Gaurav Kumar**, MD; **Silu Lohani**, MD; **Marci M. Manna**, Psy.D, MD; **Jayson Masaki**, MD; **Indupreet Nagra**, MD; **Divya Sarath Shah**, MD; and **Madiha Shabbir**, MD. Drs. Bhatia, Calimlim, Kumar, and Masaki graduated the residency program early to attend a child psychiatry fellowship outside of RFU.

Several residents received awards at the ceremony. **Ahmed Maki**, DO, received the Collegiality and Humanism Award. **Elie Crystal**, DO, and **Gayatri Baker**, DO, received the Marc Fahami Award for demonstrating passion in psychiatry. **Deepa Nadella**, MD, received the Resident Teacher of the Year Award, after being nominated by medical students.

The following residents were recognized for their

participation in the Psychiatry Residency Poster Competition, which was held on April 12:

- **Ladan Khazai**, MD, First Place
- **Madiha Shabbir**, MD, Second Place
- **Jayson Masaki**, MD, Third Place
- **Marcia Manna**, PsyD, MD, and **Silu Lohani**, MD, Faculty Choice

The residents concluded the ceremony by expressing appreciation to several faculty members for their teaching. Wynetta Harris, MD, instructor of psychiatry and behavioral science, received the Clinical Teacher of the Year Award. Jadwiga Kuszynska, MD, assistant professor of psychiatry and behavioral science, received the Academic Teacher of the Year Award. Corrine Belsky, MD, assistant professor of psychiatry and behavioral science, received the Faculty Service Award. ■



RESEARCH SPOTLIGHT: Student Interns at SUHI



CMS/SUHI interns on a community tour of Humboldt Park, a community served by Sinai Health System.

Eight medical students conducted research at the Sinai Urban Health Institute (SUHI) this summer as part of the CMS/SUHI summer research internship program. During the eight-week program, summer interns learn the fundamentals of population health, epidemiology, and health disparities research. They also attend guest lectures at SUHI and participate in community tours, book clubs, and film screenings.

Each summer, participating interns also work on current SUHI research projects. This year's interns worked on two projects: one group developed an infographic to share findings from the Sinai Community Health Survey 2.0 related to diabetes, and the second group helped to create a data brief to more broadly disseminate information on racial disparities in breast cancer mortality among the largest cities in the U.S.

Nearly 50 CMS students have participated in the SUHI summer internship program since its launch in 2012. The 2017 CMS interns praised the benefits of their research opportunity; in their evaluations, 100 percent of the students said they would recommend the internship program to their peers and that their experiences could be applied to their future work as physicians. SUHI also hosts CMS students for year-long internships.

For more information about student research at SUHI, or any other research opportunities for CMS students, please contact Robert Marr, PhD, assistant dean for research, at robert.marr@rosalindfranklin.edu. ■

Student Group Develops Medical Neuroscience Learning Center

CMS students in the Student Interest Group in Neurology (SIGN) have come up with a new way to help their peers. **Jordan Newman** and **David Esterquest**, both CMS '21, developed the Medical Neuroscience Learning Center, a peer-to-peer initiative that emphasizes collaboration, retrieval-based learning, and difficulty.

The Learning Center aims to help M1 and BMS students taking the Medical Neuroscience course. Jordan, David, and other SIGN members who have already taken the neuroscience course created worksheets, problems, and clinical vignettes for M1 and BMS students to solve together. SIGN members then hosted a series of two-hour review sessions where students could complete the worksheets, working autonomously or with the help of teaching assistants.



David Esterquest at one of the Learning Center's review sessions.

The review sessions quickly became popular, with nearly 75 students attending each session. SIGN members were recognized for the positive impact of their Learning Center at the Student Leadership Awards, where SIGN received the Outstanding Educational Service Award, issued to the organization that best contributes to the positive learning environment of students. The CMS chapter of SIGN was also featured in the July issue of the American Academy of Neurology newsletter for their work in the Learning Center. ■

CMS Faculty and Friends Recognition Dinner

On June 21, the Office of Academic Learning Environment hosted the fourth annual CMS Faculty and Friends Recognition Dinner, an appreciation dinner and award ceremony held to recognize the dedicated excellence in teaching demonstrated by Chicago Medical School faculty members.

Each year, several faculty members are given special recognition for their excellence in teaching and mentorship:

CMS Dean's Award for Excellence in Clinical Education

This award is given to clinician educators who demonstrate

empathy and respect for students and create a culture that encourages students to express their ideas. These educators serve as exemplary role models who exhibit professional values and standards, and are exceptional teachers who stimulate student intellectual achievement through superior communication skills and interpersonal rapport.

- **Jonathan Citow**, MD, assistant professor of surgery
- **Rebecca Gilfillan**, MD '12, instructor of psychiatry and behavioral science
- **Paul Hung**, MD '10, R '14, assistant professor of psychiatry and behavioral science and



CMS Dean's Award for Excellence in Educational Innovation

This award is given to a faculty member who demonstrates innovation in teaching and learning approaches, with a focus on significant accomplishments in curriculum and instructional development. Examples of this accomplishment include new or revised courses, programs, teaching tools in written or electronic form, and research in medical education that enhances the quality of teaching.

- **Norman Lee**, MD, associate professor of medicine

This award is given to faculty members who exemplify the values of the CMS mission statement, with emphasis on leadership-driven, knowledge-focused inquiry and proven outcomes. The award recipient is an exemplary contributor to the mission and embodies the core values of the institution (civility, diversity, excellence, innovation, integrity, scholarship, and teamwork) into all aspects of professional life.

- **David N. Everly Jr.**, PhD, associate professor of microbiology and immunology
- **Michael Moninger**, PhD, director of academic advising and success



- **Melissa Chen**, MD, assistant professor of medicine
- **Allen E. Saxon**, MD, assistant professor of surgery

Learning Community Mentors

Each year, the learning community mentors for the graduating class are also recognized for their exceptional service to CMS and its students. The four mentors for the

Class of 2018 were:

- **Marc Sloan**, MD, assistant professor of anesthesiology — Emanuel House
- **Sandra Fallico**, MD '87, assistant professor of radiology — Lipschultz House
- **Akanksha Hanna**, MD, assistant professor of pediatrics — Portes House
- **Amy Swift-Johnson**, MD '06, assistant professor of family medicine — Finkel House

Agnes D. Lattimer, MD Professorship

Inspired by the kindness of her childhood physician, Agnes Lattimer pursued her dream of becoming a doctor despite the barriers of racism, sexism and poverty in 1940s America. The only black graduate of her class (and one of only two women), Dr. Lattimer overcame incredible adversity to become a respected and influential pediatrician, eventually becoming Cook County Hospital's medical director. Dr. Lattimer valued the dignity of all patients, fighting unequal treatment of rich and poor patients and devoting herself to underserved African-American neighborhoods within Chicago. She introduced a philosophy focused on competence and compassion in medical care.



Just as Dr. Lattimer followed the example of her kindhearted family doctor, Chicago Medical School hopes that future graduates will be inspired by her legacy. This award is named in honor of her tireless service, bravery, and enduring kindness for generations to come.



2018 Recipient:

Joanne Kwak-Kim, MD, MPH

Professor of Obstetrics and Gynecology

Director of Reproductive Medicine and Immunology

Dr. Joanne Kwak-Kim has spent the last three decades serving women who suffer from recurrent pregnancy loss. Her expertise in Reproductive Medicine and Immunology is matched only by her deep compassion for her patients and dedication to their care. Dr. Kwak-Kim helps patients from all walks of life and around the globe, providing knowledge and solace to women who have already endured many losses by the time they reach her door. Her patients speak freely of how she turned their lives around, their years of confusion and frustration ended thanks to Dr. Kwak-Kim's consultation. A pioneer in her field, many of the treatments available in Dr. Kwak-Kim's office today were developed based on decades of her own research and patient care as the Reproductive Immunology specialty emerged.

As a mentor to CMS students, Dr. Kwak-Kim is an outspoken advocate of the Reproductive Medicine and Immunology specialties. When asked what a Reproductive Immunologist needs to succeed, Dr. Kwak-Kim recommends a creative mind, a listener's ear, and a compassionate heart — attributes that have served Dr. Kwak-Kim well in her thirty years of exemplary service. ■



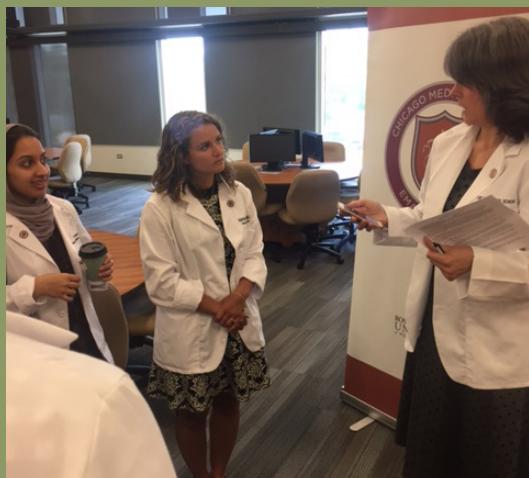
1. Students Chantal Creighton, CMS '21; Hunter Launer, CMS '20; Patricia Sumoza, CMS '20; Julie Carroll, CMS '20; and Sumit Patel, CMS '21. **2.** Dr. David Everly with Dean James Record. **3.** Dr. Akanksha Hanna, learning community mentor, with Dr. Nutan Vaidya and Dean Record. **4.** Dr. Joanne Kwak-Kim with Dr. Wendy Rheault, provost of RFU. **5.** Dr. Amy Swift-Johnson, learning community mentor, and Dr. Michael Moninger.

Classroom to Clerkship Ceremony

On June 22 and June 29, members of the CMS Class of 2020 took part in the Classroom to Clerkship Ceremony, an event marking the transition from learning in a classroom to learning in a patient-centered clinical setting. Students read reflections they had written on what their white coats mean to them, and learning community mentors gave advice on clerkships and patient interactions.

Amy Swift-Johnson, MD '06, associate professor of family medicine and former learning community mentor for the Class of 2018, spoke to the students about expectations for clinical learning and practice — what they might expect when interacting with patients and teams of healthcare professionals during their clerkships. **Riya Bhavsar, Chrisoula Cheronis, Rachyl Shanker, and James Su**, all CMS '20, read their white coat reflections to their peers.

At the end of the ceremony, the students recited the Oath of Geneva, led by their learning community mentors, reaffirming the oath they took when they first received their white coats two years earlier. ■



Learning community mentor Gwendolyn Messer, MD, talks to students.



Rachyl Shanker, CMS '20, reads her white coat reflection, "Why We Are the Same."



Chrisoula Cheronis, CMS '20, reads her white coat reflection, "My White Coat."



Mentor Lisa Pilch, MD, poses with students from her learning community.



Members of the Quigley and Vedak learning communities recite the Oath of Geneva.

FACULTY SPOTLIGHT: John Prunskis, MD, FIPP



John Prunskis, MD, assistant professor of anesthesiology, is using his expertise in pain management to fight the growing opioid crisis on a national scale. He was recently selected by the U.S. Department of Health and Human Services (HHS) to join the new Pain Management Best Practices Inter-Agency Task Force, a group that includes physicians, addiction and recovery experts, mental health professionals, first responders, and representatives from hospitals, veteran service organizations, the Food and Drug Administration (FDA), the Centers for Disease Control and Prevention (CDC), the Department of Defense, the Department of Veterans Affairs, and the Office of National Drug Control Policy.

The task force's mission is to establish national standards for the treatment and management of chronic and acute pain. By establishing and disseminating information about effective pain management options, the task force aims to help tackle the nation's opioid epidemic.

Dr. Prunskis is certainly well-suited to his new appointment; as founder and co-medical director of the Illinois Pain Institute, he has committed his practice to treating the underlying cause of pain rather than using opioids and other painkillers to mask the cause. He advocated against the over-prescription of painkillers long before the use of opioids was at crisis level. He has been voted "Top Pain Doctor" in Illinois an unprecedented nine times, and his practice was identified by the four major private insurance companies as having the best patient outcomes in the region.

"I hope to learn from the other members of the Pain Task Force as well as contribute what the Illinois Pain Institute has accomplished in reducing opioid use and abuse by precisely diagnosing and treating the source of pain rather than masking the symptoms," Dr. Prunskis says. "My goal is to help make sure that the Pain Task Force has meaningful input in solving the opiate narcotic epidemic in the USA."

Dr. Prunskis is past Secretary of the Illinois Society of Interventional Pain Physicians and is an active member of the American Society of Interventional Pain Physicians, American Pain Society, McHenry County Medical Society (past president), the International Spinal Injection Society, and the Illinois State Medical Society (Past Delegate). He is a Fellow in Interventional Pain Practice (FIPP), the highest distinction for an interventional pain physician. ■

Alumni News

David T. Feinberg, MD '89, MBA, president and CEO of Geisinger Health System, gave a keynote speech centered on a holistic vision of health at the HLTH: The Future of Healthcare conference in Las Vegas, NV, on May 6.

John J. Hutcheson, MD '89, was named president of the medical and allied health staff at Winchester Hospital in Winchester, MA.

Wayne J. Olan, MD '89, was appointed clinical director of the BioRestorative Therapies, Inc., Regenerative Disc/Spine Program.

Bridget Martell, MD '97, was appointed vice president of clinical development of Kura Oncology, Inc. ■

School & Department News

Awards & Accomplishments



Jennifer Afranie-Sakyi, CMS '19, is a recipient of the American Society of Hematology (ASH) Minority Medical Student Award Program, which provides underrepresented minority medical students with an opportunity to conduct a research project under the supervision of an ASH member. Jennifer will be

conducting sickle cell disease research with Angela Rivers, MD, PhD, of the UIC College of Medicine. The title of her research project is "The Role of Ineffective Mitophagy and Mitophagy-Inducing Agents on Sickle Cell Disease."

Two CMS faculty were inducted into the university's Master Teacher Guild on July 1. **Jeffrey Bulger**, PhD, professor and director of bioethics and humanities, and **Nutan Vaidya**, MD, Senior Associate Dean for Academic Learning Environment and professor and chair of psychiatry and behavioral sciences, were both inducted for a three-year term.

The Master Teacher Guild is composed of members dedicated to excellence in educational leadership, outstanding teaching, educational innovation, curricular development, and research. Members of the Guild use their collective talents to enhance the educational programs and advance educational research and scholarship throughout the university, its affiliates, the Health Clinics, and other teaching sites. The Guild promotes



Dr. Jeffrey Bulger



Dr. Nutan Vaidya

excellence and innovation in teaching through workshops, symposia, and mentoring.

David Everly, PhD, associate professor, has been selected as the new Discipline Chair for Microbiology and Immunology in the Department of Foundational Sciences and Humanities.



Dr. Everly has been a fixture in the Department of Microbiology and Immunology since 2007, providing excellent teaching and guidance to students. He recently took on the role of course director for Microbiology and handled the challenge with great skill. He has received numerous grants for his research on the development of anti-viral therapies to block cancer development and growth, a novel strategy to stop cancer.

Nancy Z. Farrell, MS '11, RDN, clinical instructor of nutrition, was profiled by her alma mater, the University of Illinois, in a special edition of the university's News Gazette spotlighting notable alumni. Ms. Farrell discussed the path she took to becoming a registered dietitian nutritionist — a career she had dreamed of since she was in eighth grade.



In addition to teaching health and nutrition, Ms. Farrell has her own medical nutrition therapy private practice and serves as a nationwide spokesperson for the Academy of Nutrition and Dietetics.

School & Department News



Amir Hakimi, CMS '20, developed and programmed an iOS application called All In One Ophthalmology that was accepted by the Apple App Store. The app combines essential ophthalmic examination instruments, including cobalt blue light, white light, and pupillary size chart, onto mobile iOS devices.



Patrick Melville, CMS '21, was selected to participate in the NIH Brain Initiative summer course in computational neuroscience. The two-week course, held at the University of Missouri's College of Engineering in Columbia, MO, is designed to introduce PhD students, post-docs, medical students, residents, and faculty to interdisciplinary training in computational neuroscience research, using approaches from diverse fields including biology, psychology, computer science, electrical engineering, and physics. The program is funded by the National Institute of Health.

Joyce Jones, CMS '19, was recently elected to the position of National Vice-President of the Student National Medical Association's (SNMA) Board of Directors. Congratulations to Joyce for this accomplishment!



Joyce has held numerous positions with SNMA, including Region II Associate Regional Director and Chicago Medical School Chapter President, and she was selected as a Future Leadership Project Fellow in 2016-2017. At CMS, she has demonstrated her commitment to service by serving three years as Community Service Coordinator for the Family Medicine Interest Group (FMIG), participating as a student member on the Liaison Committee on Medical Education (LCME) subcommittee for Educational Resources and Infrastructure, and serving as a Diversity and Inclusion Peer Mentor and an RFU Student Ambassador.

The SNMA is the nation's oldest and largest, independent, student-run organization focused on the needs and concerns of medical students of color. Organized with chapters across the nation, the SNMA membership includes over 7,000 medical students, pre-medical students and physicians.

Grace Stutzmann, PhD, associate professor of neuroscience, received grant funding of \$51,500, for her research study, "Optimization of Novel Ryanodine Receptor Modulatory



Compounds for AD." The award is from a subcontract of the NIH STTR (small business technology transfer) Phase 1 grant awarded to biotechnology firm NeuroLucent. Dr. Stutzmann is working on this project with John Buolamwini, PhD, professor and chair of pharmaceutical sciences in the College of Pharmacy.



Anthony West, PhD, associate professor, will serve as the new Discipline Chair for Neuroscience in the Department of Foundational Sciences and Humanities. Dr. West has been part of the neuroscience department since 2002, and he

School & Department News

previously served as vice chair for neuroscience.

He has received numerous grants for his research on nitric oxide and dopamine interactions and the effect they have on neural pathways. His research contributes to the pursuit of improved medications to treat Parkinson's disease and Huntington's disease.

Michael Zdon, MD, FACS, professor of surgery and Associate Dean for Graduate Medical Education and Continuing Medical Education, has been elected President of the Metropolitan Chicago Chapter of the American College of Surgeons.



Dr. Zdon has also been appointed for a second three-year term as Governor for the American College of Surgeons.

Presentations & Publications



Brenda Affinati, MD, associate professor of medicine and Assistant Dean of Clinical Education, published an article titled "Preliminary Validity Evidence for a Milestones-Based Rating Scale for Chart-Stimulated Recall" in the June issue of the *Journal of Graduate Medical Education*.

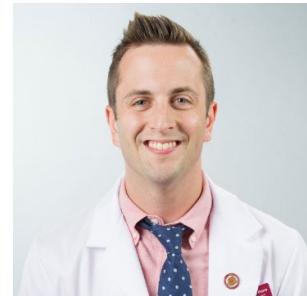
Diane Bridges, PhD, MSN, RN, CCM, associate professor and Associate Dean of Interprofessional and Distance Education; **Michael Fiore**, CMS '19; and **Mina Keroles**, CMS '19, presented a poster on their research study entitled "Pharmacist-led Pharmacology Review Sessions

for Medical Students and its Impact on Attitudes" at the Nexus Summit 2018 (Creating Results: Interprofessional Vision to Action) in Minnesota on July 30.

Dr. Bridges has also been appointed to the Editorial Board of *Health and Interprofessional Practice*, a peer-reviewed, open access journal dedicated to increasing the availability of high-quality evidence to inform patient care and practitioner education from an interprofessional perspective.



Dr. Diane Bridges



Michael Fiore

Lise Eliot, PhD, professor of neuroscience, delivered the opening keynote address at the 2018 Gender Summit, "United in Science and Through Science," held June 18-19 in London. In her presentation, titled "The Myth of Pink and Blue Brain," Dr. Eliot discussed how development and nurture account for differences in gender that are often attributed to physiology.



Dr. Eliot participated in two panel discussions — "Pink Brain, Blue Brain: What Really Separates Men and Women" and "Same Game, New Rules: Parenting in 2018" — at the Aspen Ideas Festival, held June 21-30 in Aspen, CO. Her presentations were featured in an article titled "Are Male and Female Brains Biologically Different?" published in *The Atlantic*.

School & Department News

Janice Urban, PhD, professor and chair of physiology and biophysics; **Robert Marr**, PhD, associate professor of neuroscience; and graduate student Maria Bompolaki (physiology and biophysics), co-authored the article “NPY Induces Stress Resilience via Downregulation of I_h in Principal Neurons of Rat Basolateral Amygdala,” published in the May 9 issue of the *Journal of Neuroscience*.



Dr. Janice Urban



Dr. Robert Marr

Events & Activities

On May 2, students from Chicago Medical School, Scholl College of Podiatric Medicine, and the College of Pharmacy held a memorial service in honor of the Gross Anatomy Lab cadaver donors and their families. The participants lit candles, read poems and essays, and played instruments in tribute to the individuals who had donated their remains to further the education and training of RFU students. Students also had the opportunity to write messages to the donors and their families, expressing their gratitude, memories, and appreciation of what they had learned about human anatomy.



Abraham G. Kocheril, MD, FACC, FACP, FHRS, delivered a presentation titled “A Toast to Good Health” during medical grand rounds on May 23. Dr. Kocheril is Director of Cardiac Electrophysiology at the OSF HealthCare Cardiovascular Institute, Medical Director of Electrophysiology at the OSF HealthCare Heart of Mary Medical Center, and professor of medicine at the University of Illinois. In his presentation, he discussed the medical evidence that indicates that moderate wine consumption may lead to several health benefits.

Before his presentation, Dr. Kocheril met with a small group of students to have lunch, discuss the culture of wine appreciation, and give advice and guidance about ordering wine at restaurants.



Around Campus



Alfonso Gomez, CMS '21 (center) won first place in the 2018 Cinco De Mayo Salsa competition, sponsored by the Office of Diversity and Inclusion.



The faculty and staff of the Resuscitation Institute stand in their new office space.

We want to hear from you!

To submit information or news for upcoming issues, contact Candice Kosanke at candice.kosanke@rosalindfranklin.edu.



**ROSALIND FRANKLIN
UNIVERSITY**
of MEDICINE AND SCIENCE

CHICAGO MEDICAL SCHOOL