

Lifestyle Medicine (Master of Science)
2024-2025 Assessment of Programmatic Outcomes

Programmatic Goal	Methods of Assessment	Responsible for Assessment	Assessment Result Reported To	Reporting Schedule	Outcome Data Analysis	Outcome Action Taken	Follow-up on Previous Outcome Action Taken
Program Completion: At least 90% of matriculated degree students will graduate within 5 years	Student completion rates	Faculty	Department Chair & Faculty	Program completion rates reviewed annually	100% of graduates (3) completed the program within 5 years or less. All current students are on track to complete in 5 years or less. One (1) student completed the certificate in one year. There is (1) student that just completed their last class and (2) students that will complete their last class at the end of Winter quarter There are 3 current students in their second year of the MS program. There are (4) students in the first-year class that has completed 2 courses. There are 2 current students in the certificate program.	Continue to monitor student progress	Progress of each student was monitored to assure that all students stayed on track to complete their degrees within 5 years.

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Student Persistence During the program, student persistence will be 85% or higher	Student LOA data	Faculty	Department Chair and Faculty	Quarterly LOA data	One Hundred percent of students have remained enrolled in the program. There is currently no students on LOA	None	
	Faculty report of concerns about individual students.	Department Chair and Faculty	Department Chair and Faculty	Monthly Department Meetings	Any faculty concerns about students were acted upon by providing support to the student to promote success.	Necessary support for success was provided	Support of all students will be monitored to assure that students that need additional support will be identified, and support provided.
	Advising notes on intentional touch point at quarterly registration through the use of Self Service	Faculty Advisors	Department Chair and Faculty	Quarterly	All students are making progress. Contact is made at least two times each quarter with every student quarter which includes one Zoom meeting each quarter.	Continue advising process and notes on students	Progress of each student was monitored to assure that all students stay on track to complete their degrees within 5 years.
Student Success 100% of students will achieve a final grade of C or better in all program courses	Quarterly grade reports and monthly department meetings	Department Faculty Course Directors and Chair	Department Chair and Faculty	Quarterly	100% of students achieved a C or higher in all program courses.	Necessary support for success was provided and progress will be monitored.	Progress of each student was monitored to assure that all students stayed on track to complete their degrees within 5 years.

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Graduate Success: 90% of program graduates will report professional activities and accomplishments in the health promotion and wellness	End of Program Graduate Survey and Alumni Survey Data on Professional Activities and Accomplishments	Department Chair and Administrative Assistant	Department Chair & Faculty	Alumni Survey at 1, 3, and, 5 years post-graduation	The first alumni survey was been created and sent out to the first 3 graduates in Nov 2024. There were 2 responses. One student is currently in Physician Assistant school and one student is applying to PhD Psychology programs	The 1-year alumni survey to be sent in Nov 2025 to the one graduate of 2024.	Overall responses were very positive. Will continue to send survey and monitor results.

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Enrollment: Increase enrollment in the Lifestyle Medicine Certificate Program Increase Lifestyle Medicine degree program enrollment	Number of students who enroll in the LM certificate Number of students who enroll in the MS program.	Admissions and Registrar's Office	Department Chair	Each year in the summer for previous the AY	Three new enrollments for the LM certificate. Four new enrollments in the MS program starting in Fall 2025. DMS program was approved HLSM 500 is a required course and will be offered in Winter 2025 and HLSM 600 will be offered and an elective in Fall 2025 and HLSM 501 will be offered as an elective in Spring 2026 Thirty (30) BMS students enrolled in HLSM 501 in Winter 2024 and twenty-one (21) enrolled in HLSM 500 in the Fall of 2024 and all did very well. Five (5) CMS students enrolled in HLSM 501 in Winter 2024 and Three (3) CMS students enrolled in HLSM 602 in Spring 2025.	Will continue to support SEM and monitor enrollment. Will continue to support SEM and monitor enrollment. Will monitor the amount to BMS students enrolling in LM courses. In Summer of 2024 HLSM 501 and HLSM 600 were approved as CMS 2 nd year elective courses which may also help increase enrollments.	Enrollment of students was monitored and there has not been a significant increase in the certificate or MS program. There has been an offering of LM course to BMS students with a great response. Had a recruiting booth at the LM conference 2024 and received some leads, no enrollments