ROSALIND FRANKLIN UNIVERSITY OF MEDICINE AND SCIENCE

2023 INTERPROFESSIONAL COMMUNITY CLINIC ANNUAL REPORT



Contents Table of

Letter from the President	2
Who is the ICC?	3
2023 ICC Executive Board	5
Faculty Leadership Team	7
Faculty Advisory Board	8
ICI Student Breakdown	9
AmeriCorps VISTA Partnership	10
Our Clinicians	11
Our Clinics	12
New Initiatives	16
Patient Demographics	19
Research	20
Fundraising Efforts and Grants	24
10 Year Anniversary	25
Recognition and Membership	27
Future Plans: 2024	20

LETTER FROM THE PRESIDENT

Hello,

On behalf of the Interprofessional Community Clinic (ICC) student and faculty volunteers, I am proud to introduce the ICC's 2023 Annual Report. This report highlights the tremendous efforts of our volunteers over the past year and looks ahead towards the future of the ICC. 2023 was a year of tremendous expansion at the ICC: the opening of five new specialty clinics, a partnership with PADS Lake County, a community food pantry, and so many other initiatives that you can learn more about in this report. Thank you for your continued support, and I hope that you are as excited about the future of the ICC as we are!



Caroline hadigan
Caroline Madigan
2023 President



WHO IS THE ICC?

The Interprofessional Community Clinic is a student-led free clinic that serves the uninsured people of Lake County. Our mission is to promote health equity in clinical practice, education, research, and service through collaboration among interprofessional learners, educators, and community leaders.

OUR MAKEUP

34 EXECUTIVE OFFICERS

Student leaders from all of our interprofessional programs

5 FACULTY LEADERSHIP MEMBERS

Professionals dedicated to overseeing and teaching student leaders

30 FACULTY ADVISORS

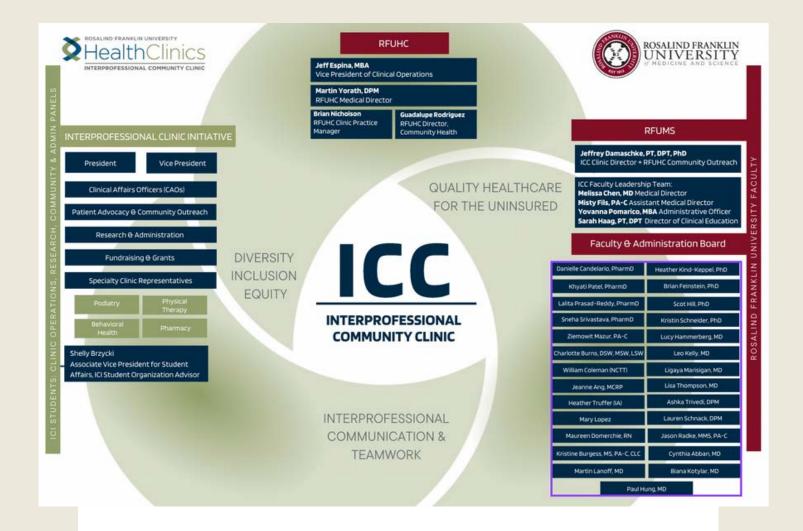
Includes clinicians, community members, and other RFU faculty

149 PANEL MEMBERS

Student volunteers across 27 unique panels

259 STUDENT VOLUNTEERS

Includes advanced students and general volunteers in addition to our ICI volunteers



OUR ORGANIZATION

INTERPROFESSIONAL CLINIC INITIATIVE

Students who staff clinic and run daily operations

FACULTY LEADERSHIP TEAM

Faculty who mentor and guide our ICI executive officers

ROSALIND FRANKLIN UNIVERSITY HEALTH CLINICS

Administration who oversee clinic protocol and procedures

2023 ICC EXECUTIVE BOARD



Caroline Madigan President, Pulm Lead Vice President, Pulm Med Informatics,



Manasvi Paudel Lead



Douglas Wang Pain Lead



Aayush Kaul Clinical Operations Care Coordination



Kristina Nguyen



Naosuke Yamaguchi **Care Coordination**



Douglas Isa Quality Improvement



Alayna Dieter Scheduling and **Training**



Aayush Gupta Telehealth, Psych Lead



Chirag Divecha Telehealth



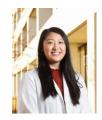
Carolynn Boatfield Community Outreach



Ruth Londono Interpreter Services



Jessica Hrnciar Labs



Wenting Hu Patient Education, Food Pantry Lead



Angela Kein **Public Relations**



Irmina Shareef Physical Therapy Rep



Kelly Magallon Behavioral Health Rep



Rebecca Silver Research



Kayla Talebi Finance



Eun Bi DEI



Paneed Jalili Archives, PADS Lead



Lyndsey Bassett PA Rep



Brenda Haddad Trans Health Rep



Jessica Liu Pelvic Health Rep



Kari Bonner Pelvic Health Rep



Cameryn Green Podiatry Rep



Sarah Siew Pharmacy Rep



Safoora Murad **BMS** Rep



Zachary Cherian Radiology Lead



Nathalie Gijsbers Psych Lead



Tovey Nederveld Ophthalmology Lead



Keana Khodadad **Dermatology Lead**



Jacob Wolf PADS Lead



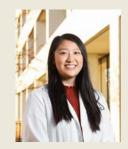
Zachary Cherian Radiology Lead

"In my role as the Radiology Panel Lead, I've been able to train medical, physician assistant, and podiatry students to become proficient at acquiring, presenting, and understanding diverse sets of medical imaging. Through the ICC, students are able to put into practice the abilities and information we learn every single day, making us stronger and better equipped as future healthcare professionals."

"Volunteering with the ICC has helped me stay connected to why I wanted to pursue medicine in the first place: patient care. The ICC has given me the chance to put the lessons I've learned from class into action and to see the real world impact that medical professionals can have on patients' lives."



Aayush Gupta Telehealth, Psych Lead



Wenting Hu
Patient Education,
Food Pantry Lead

"In my role as EO of patient education, I've participated in health education initiatives and led the ICC food pantry. These experiences have given me a deeper understanding of the social determinants of health and the importance of addressing them in healthcare practice."

Executive Officer Reflections

FACULTY LEADERSHIP TEAM



Jeffrey Damaschke, PT, DPT, PhDICC Director of Clinical and Community Care



Melissa Chen, MD
ICC Medical Director



Misty Fils, MS, PA-C
ICC Assistant Medical Director



Sarah Haag, PT, DPT, MS
ICC Clinical Education Director



Yovanna Pomarico, MBA, CMA ICC Administrative Officer

FACULTY ADVISORY BOARD



Ashka Trivedi, DPMPodiatry



Biana Kotlyar, MD Pyschiatry



Brian Feinstein, PhD Trans Health



Charlotte Burns, DSW, MSW, LSW Care Coordination



Cynthia Abban, MD
Dermatology



Danielle Candelario, PharmD, BCPS Pharmacy



Heather Kind-Keppel, EdD, MS, MEd DEI



Heather Truffer, MS Finance



Jason Radke, MMS, PA-C Trans Health Panel, Peds



Jeanne Ang, MRP
Care Coordination



Kristin Schneider, PhD Behavioral Health



Kristine Burgess, MS, PA-C, CLC Pelvic Health



Khyati Patel, PharmD Pharmacy



Lalita Prasad-Reddy, PharmD, MS, BCPS, BCACP, CDCES, FCCP Patient Education, DEI



Leo Kelly, MD, MHA, FACPQuality Improvement



Ligaya Marasigan, MDPelvic Health



Lisa Thompson, MDOphthalmology



Lucy Hammerberg, MD, FACEP, CPE



Mary Lopez Interpreter Services



Paul Hung, MD Pyschiatry



Scot Hill, PhD Research

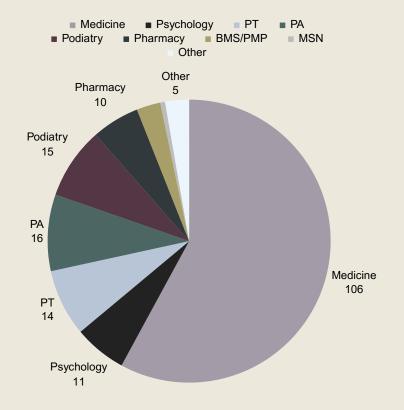


Sneha Srivastava, PharmD, BCACP, CDE Patient Education



William Coleman Community Outreach

ICI STUDENT BREAKDOWN



The ICI student panel has volunteers from a multitude of different programs offered at RFU.

Students from all programs are encouraged to participate in any panel position they are interested in.





THIS YEAR, THE ICC PARTNERED WITH AMERICORPS
THROUGH THE IAFCC TO GET CONNECTED
WITH FIVE INDIVIDUALS DEDICATED TO
INCREASING THE CAPACITY OF THE ICC.



Full year:

- Khaliun Dashdeleg pelvic health service development, UIC MPH partnership development
- Miranda Hertzog / Maggie Rice
 community outreach
 development, care coordination
 development

Summer:

- Carli Tucci documented compliance for Gold Status NAFC Quality Standards
- Evan Berke created patient satisfaction survey

VOLUNTEERS IN SERVICE TO AMERICA (VISTAS)

OUR CLINICIANS



PHYSICIANS

Melissa Chen, MD
Neal Gold, MD, MBA, FACP
Varsha Chandramouli, MD, FAAFP
Leo Kelly, MD, MHA, FACP
Kenneth Tomchik, MD
Amy Swift-Johnson, MD, FAAFP
Tilak Joshi, MD, FACP, DABOM
Jincy Joseph, MD
Ligaya Marasigan, MD
Cynthia Abban, MD
Martin Lanoff, MD
Lisa Thompson, MD
Paul Hung, MD
Biana Kotlyar, MD

PHYSICIAN ASSISTANTS

Misty Fils, MS, PA-C
Ziemowit Mazur, PhD, MS, PA-C
Kristine Burgess, MS, PA-C, CLC
Jason Radke, MMS, PA-C

RESIDENTS

Yuliana Petryshyn, MD, GME '26
Maram Al Ashoor, MD, GME '26
Ruba Ghalayni, MD, GME '26
Richard Orji, MD, GME '26
Ummarah Jaffar, MD, GME '26
Amulyareddy Dwaram, MD, GME '26
Bilal Alkalajii, MD, GME '25
Shirly Samuel MD, GME '23
Om Parkash MD, GME '23
Jashan Gill MD, GME '23
Arvin Mallari MD, GME '23

PHYSICAL THERAPISTS

Jeffrey Damaschke, PT, DPT, PhD
Sarah Haag, PT, DPT, MS
James Buskirk, PT, DPT, PhD
Liza Meiksins, PT, DPT
Kavork Hagopian, PT, DPT, MBA, FAAOMPT
Karen Stevens, PT, DPT, MS
Abigail Hill, PT, DPT

NURSE PRACTITIONERS

Janis Quinn, DNP, APRN, CPNP-AC

CLINICAL PSYCHOLOGISTS

Kristin Schneider, PhD Scot Hill,PhD Brian Feinstein,PhD Tamara Sher, PhD Jessie Duncan, LPC Raymond Silverman, MD

PODIATRISTS

Ashka Trivedi, DPM Qeena Woodard, DPM, FACFAS Leland Jaffe, DPM, FACFAS, CWSP Lauren Schnack, DPM, MS

PHARMACISTS

Danielle Candelario, PharmD, BCPS
Khyati Patel, PharmD
Jessica Cottreau, PharmD
Lalita Prasad Reddy, PharmD, MS, BCPS
Roberta Dume, PharmD, BCPP
Sneha Srivastava, PharmD, BCACP, CDE

53 TOTAL CLINICIANS

CORE SERVICES OFFERED

Medicine

- Increased in-person capacity: from three telehealth & one inperson to: three inperson & one telehealth day per month
- Provides a bridge to primary care services to the community

Podiatry

- Operating bimonthly
- Delivers diabetic foot care, wound treatment, diabetic education, podiatric exams, and orthotic fittings

Behavioral Health

- Currently offering telehealth appointments every week, and in person consultations three times a month
- Helps adults cope with life challenges
- Provides Health Behavior Change Consults (HBCC) for patients wanting support in managing their weight

Physical Therapy

- Operating weekly
- Transitioned from treating six to nine patients a night
- Provides services to those with functional limitations and disabilities

This year, our students recognized specific needs in our community and worked diligently to provide the following new specialty services:

OPHTHALMOLOGY
PAIN
DERMATOLOGY
PELVIC HEALTH
PYSCHIATRY

OPHTHALMOLOGY CLINIC



Our Eye Screening Initiative (ESI) is dedicated to providing accessible screening services to patients in need of vision care. We had our inaugural clinic in May and had a total of 5 clinics in 2023. Monthly clinics are planned for 2024.

Under the guidance of Dr. Lisa Thompson, our team provides care for patients with:

- Cataracts
- . Glaucoma
- Macular Degeneration
- Dry Eye
- · Other eye conditions

PAIN CLINIC

Students developed an interprofessional pain consultation service with clinicians Dr. Martin Lanoff with Physical Medicine and Rehabilitation, and Dr. Sarah Haag, a physical therapist, opening the inaugural clinic in August and now operating monthly,

Services offered include*:

- · Acute/Chronic Pain Management
- · Spinal Injury Assessments
- Upper/Lower Extremity Joint Pain Assessments
- Therapeutic Injections

The ICC does not dispense controlled substances



DERMATOLOGY CLINIC



Dermatological care is frequently difficult to access in historically marginalized communities. Our first clinic opened in July under the guidance of Dr. Cynthia Abban, and is now operating bimonthly on Saturdays.

Services offered include:

- · Head-to-toe skin checks/skin cancer screenings
- Biopsies
- Skin tag removal
- Counseling on safe sun practices
- Chronic skin condition management

PSYCHIATRY SERVICES

This service provides psychiatric care to ICC patients with help from our Behavioral Health Team. Our students organized this initiative after identifying gaps in our services when caring for our PADS patients.

Drs. Paul Hung and Biana Kotylar oversaw the development and opening of our services in December. This consultation service will continue with every PADS night.



PELVIC HEALTH CLINIC



The vision of the pelvic health clinic is to provide accessible and trustworthy pelvic health services and education to the historically marginalized populations in our community. Our first clinic opened on December 2nd with the help of Ligaya Marisigan MD, Sarah Haag DPT, and Kristine Burgess PA, and plans to operate monthly in 2024.

Services offered include:

- · Cervical cancer screening
- · STI screening and treatment
- Pelvic floor physical therapy
- HPV vaccines
- · Contraceptive counseling and prescriptions

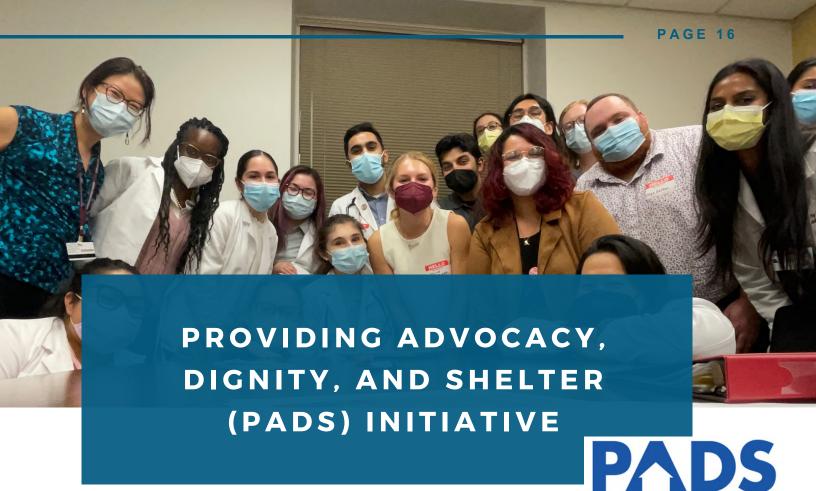
New Initiative alongside our specialty clinics:

RADIOLOGY SERVICES

In March, we recruited a panel of students who were interested in exploring new ways of serving our community with radiological services. Amber Haas, a student in our PA program and a former radiology tech, led trainings for students on taking foot and ankle X-rays and radiation safety.

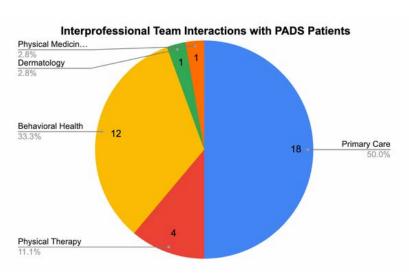
Eight panel members were trained to use the ICC's X-ray machine and take the X-rays for our podiatry patients under the supervision of Ashka Trivedi, DPM.





PADS Lake County is a community based organization that provides trauma-informed support, resources, and shelter to individuals and families experiencing houselessness.

This year, we partnered with PADS to increase access to comprehensive healthcare services. Every month a caseworker from PADS brings clients to the ICC and collaborates with the interprofessional teams to coordinate care.



COUNTY

Helping the Homeless Find a Way

Figure represents patients seen over six months

Initiative opened in March and is now operating monthly

FOOD PANTRY ESTABLISHMENT

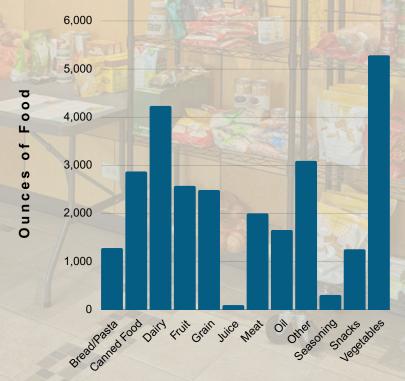
Many individuals in our community face food insecurity.

We opened a "no questions asked" food pantry that operates on
Thursday nights during the ICC. The goal of the ICC Food Pantry is to
provide accessible and healthy food for our clients. Donated toys also
were distributed during the holidays. This was all made possible by
help from community volunteer Eddie Solito, donations from the
Northern Illinois Food Bank, Ashwini Mokashi, and Toys for Tots.

The food pantry has operated at 15 clinics in 2023, and has distributed more than 1700 pounds of food.

Free Food
Please Help Yourself!

FOOD DISTRIBUTED CLINIC MAY - DEC 2023



Food Category



OSALIND FREINFITH

EXPANDING LAB SERVICES



Thanks to our labs faculty advisor, Misty Fils PA-C, and the Executive Officer of Labs Services, Jessica Hrnciar CMS 2026, the ICC is now able to provide the following tests on clinic nights:

- Point of Care A1C, Lipids
- Point of Care Flu, Strep, and COVID-19 antigen testing
- Point of Care HIV, BV, and Trichomonas
- EKGs (new machine)
- Microscopy

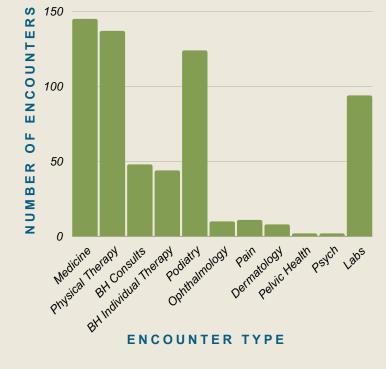
The ICC also now sponsors a new phlebotomy certificate from the National Healthcareer Association to any laboratory panel member who completes the requirements.



Thank you to Patricia Loomis, PhD (Chicago Medical School) for loaning a microscope to the ICC for expanded laboratory service offerings!

PATIENT ENCOUNTERS

This year, our students created a new KPI dashboard to track clinic metrics and help with quality improvement measures.



200

55%

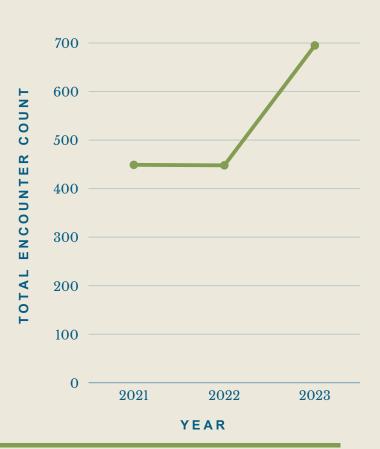
TOTAL ENCOUNTER INCREASE

From 448 encounters last year

695

TOTAL PATIENT ENCOUNTERS ACROSS OUR CLINICS

Including new specialty services





8 CONFERENCES ATTENDED

2 PUBLICATIONS

6 POSTERS

4 PRESENTATIONS

PUBLICATIONS:

- 1. KUMAR, E., KONSOR, M., SAMPSON, J., & SCHNEIDER, K. (2022). IMPLEMENTING HEALTH BEHAVIOR CHANGE CONSULTATIONS FOR ADULT PATIENTS IN A FREE STUDENT-LED INTERPROFESSIONAL COMMUNITY CLINIC. JOURNAL OF STUDENT-RUN CLINICS, 8(1). HTTPS://DOI.ORG/10.59586/JSRC.V8I1.299
- 2.THOMSON K, MINPURI P, CHEN M. THE IMPACT OF VOLUNTEERING WITH A STUDENT-RUN FREE CLINIC ON MEDICAL STUDENT SPECIALTY SELECTION. BMC MEDICAL EDUCATION 2022 OCT 11;22(1):714. DOI: 10.1186/S12909-022-03788-8. PM

CONFERENCES:

SRFCFA, SSFRCC, ASRC, APHA, NAP, AERA, JCIPE, NEXUS















Project Highlights

"Revealing the True Costs and Benefits of Education in an Interprofessional Student-Run Free Clinic"

Students Joseph Rumenapp, Megan Mazander,
Derek Lee, Emily Floramo, and Char Ong
worked with faculty members Dr. Melissa Chen
and Dr. Maureen Benjamins to analyze the costbenefit of educational services at the ICC.



Their research showed that the estimated educational benefit of the ICC from 2021-2022 was \$110,683.11

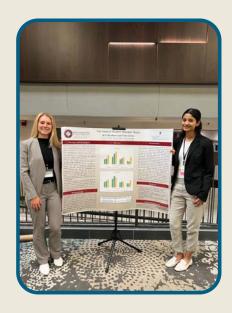
The ICC provided an educational return of \$3.12 per \$1 spent (3.12 BCR).

An estimated \$5,634 of shadowing and \$21,133 value in Interprofessional (IP) team opportunities were provided.



Project Highlights

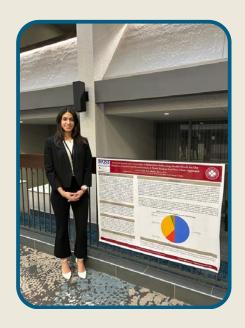
THIS YEAR, THE ICC PRESENTED THREE POSTERS AND ONE ORAL PRESENTATION AT THE SOCIETY FOR STUDENT RUN FREE CLINICS CONFERENCE (SSRFCC).



Caroline Madigan (MD, 2026) and Manasvi Paudel (MD, 2026): The Value of Student Volunteer Hours at a Student Run Free Clinic

> Estimated how much time is donated by students, the type of volunteering (administrative, meetings, clinic time), and ultimately, the estimated value of the cumulative time.

\$23,400.00 for Executive Officers \$50,232.00 for Panel Members



Paneed Jalili (MD, 2026): Interprofessional
Collaboration and Community Addressing Health
Needs for Our Neighbors Experiencing
Houselessness: A Novel Student-Led Free Clinic
Approach

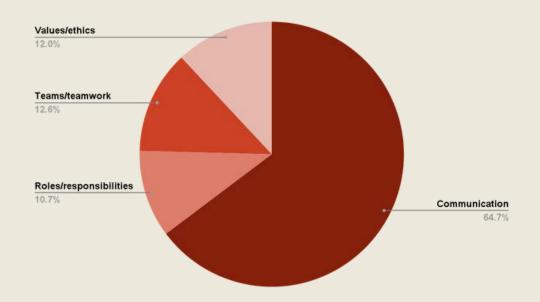
- Description of the unique collaboration with PADS Lake County
- Analyzed what efforts went into this initiative, and how it can grow

Interprofessional Collaboration in a Student-Led Free Clinic Telehealth Model: A Competency-Based Analysis

DANIELLE M. CANDELARIO, PHARMD, BCPS
KHYATI PATEL, PHARMD, BCACP
TAMZIN RITCHIE, BSC
VEDA MEHTA, COP 2024
MELISSA CHEN, MD



 The objective of this study was to identify the themes and occurrence of the 4 IPEC competencies during ICC telehealth medicine clinic encounters.



IN 17 CODED INTERACTIONS, A TOTAL OF 1285 OCCURRENCES OF IPEC COMPETENCIES WERE IDENTIFIED.

SIGNIFICANCE: CURRENT LITERATURE IN INTERPROFESSIONAL EDUCATION IS BASED ON SELF-REPORTED SURVEYS.

THIS IS THE FIRST ASSESSMENT OF IPEC COMPETENCY ACHIEVEMENT BASED ON OBSERVED DATA - THANKS TO A LABOR-INTENSIVE CODING PROCESS!

FUNDRAISING EFFORTS AND GRANTS

\$10K HFNLC GIVING TUESDAY MATCHING GRANT

· General grant to help support the ICC

\$50K FROM THE IAFCC

- General grant to help support the ICC
- Also received an addition \$500 microgrant to fund our 10 year anniversary celebration

\$40K FROM THE RALPH J SMITH FOUNDATION

· Going towards opening up clinic for a second day of the week

\$500 FROM THE CFCC

 Going towards developing a partnership with GoodPill to provide free medications for our patients in 2024

\$1500 FROM THE ILLINOIS HEALTH AND HOSPITAL ASSOCIATION

- Grant to encourage team-based approaches for hypertension and cholesterol control in clinics or outpatient practices.
- · Awarded to Ziemowit Mazur, PA-C, ICC Medicine Clinician

\$40K FROM MOLINACARES

· Going towards purchasing vaccines and other medical supplies

\$7K FROM COLLEGE OF HEALTH PROFESSIONS

· Going towards community outreach efforts

We also raised almost \$50,000 at our annual Dance for Diabetes





A Brief History

2013

The ICC is founded, and begins to offer primary care, podiatry, physical therapy (PT), and behavioral health services to uninsured adults in Lake County.



2022

The ICC reopened for inperson services once a month.





2021

The ICC opens telehealth services in order to continue to offer care during the COVID-19 pandemic.



2023

The ICC expands in-person operations and opens ophthalmology, pelvic health, pain, psychiatry, and dermatology specialty services.
Students also take on radiology services for podiatry clinic.

RECOGNITION AND MEMBERSHIP

RECIPIENT OF NAFC GOLD STANDARD FOR 2023

- The ICC was awarded this status for ensuring that our protocols follow quality standards at the NAFC
- A special thank you to our VISTA, Carli Tucci, for helping us obtain this status

TEAM UNITY STUDENT LEADERSHIP AWARD (RFUMS)

 For outstanding contributions of an organization with strong membership and meaningful programming



MEMBERSHIPS

Illinois Association of Free & Charitable Clinics

National Association of Free Clinics (NAFC)

Chicago Free Clinics Consortium







STUDENT RECOGNITION

- Lyndsey Basset, ICI PA Representative, received the College of Health
 Professions Student of the Year Award
- Joseph Rumenapp, 2022 EO of Research, received the Dr. Rosalind Franklin Rising Student Award
- Caroline Madigan, CMS Class of 2026, will be the new National Coordinator of the Society of Student Run Free Clinics
- Ruth Londono, ICI EO of Interpreter
 Services, was awarded the Schweitzer
 Fellowship to initiate a health lifestyle
 and empowerment program for at-risk
 youth who come from financially
 unstable families





FACULTY RECOGNITION

- Misty Fils, ICC Assistant Director, received the College of Health
 Professions Educator of the Year Award
- Kristin Schneider, PhD, ICC Behavioral Health Clinician, recently earned tenure as a Professor of Psychology, and will be the next Psychology Chair.
- Melissa Chen, MD was inducted into the National Academies of Practice (NAP) as a fellow
- Sarah Haag, PT, DPT, served as the Master of Ceremonies at the San Diego Pain Summit

FUTURE PLANS: 2024

Pediatric Care

We hope to provide health physicals for school or sports, administer basic vaccinations, connect patients to social services, and promote health education within the pediatric population.

Free Medications

Through a new partnership with GoodPill, we aim to provide home delivery services for medications that bills our clinic directly - taking care of prescription costs for our patients.

Expanded Service Dates

We hope to offer a second day of clinic during the week.

Gender Affirming Care

Goal: to provide transgender health care.

New Student Leadership



DELANEY GRIFFITHS
2024 PRESIDENT



SHIZA JEEWA
2024 VICE PRESIDENT



- WE NEED CLINICIANS! IF YOU ARE A CLINICIAN IN THE AREA, OR KNOW OF SOMEONE WHO WOULD BE A GREAT FIT FOR THE ICC, PLEASE REACH OUT TO US!
- WE ARE ALWAYS LOOKING FOR MORE INTERPRETERS. IF YOU OR A FRIEND SPEAKS SPANISH, PLEASE REACH OUT TO US!
- AS A NON-PROFIT, OUR OPERATIONS DEPEND ON DONATIONS AND GRANTS. ANY DONATIONS ARE GREATLY APPRECIATED.



YOUR GIFT COULD FUND:

\$25 — An Ankle Brace or a Pair of Diabetic Shoes
\$50 — A Walker Boot or Tetanus Shot
\$100 — One High Dose Flu Vaccine or Pneumonia Vaccine
\$500 — Five Vitals Boxes for Telehealth Patients
\$625 — A Certificate For One Student Interpreter
\$1,000 — One laptop, or 150 point-of-care cholesterol or diabetes checks,
or 5 HPV Vaccines



THANK YOU TO ALL OF OUR CLINICIANS, VOLUNTEERS, MENTORS, AND SUPPORTERS.



"...the belief that by doing our best, we shall come nearer to success, and that success in our aims, the improvement of the lot of mankind present and future is worth attaining."

Contact with questions or feedback: ICC@rosalindfranklin.edu

@icc_rfums

Interprofessional Community Clinic