# Table of Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Letter from the President</td>
<td>2</td>
</tr>
<tr>
<td>Who is the ICC?</td>
<td>3</td>
</tr>
<tr>
<td>2023 ICC Executive Board</td>
<td>5</td>
</tr>
<tr>
<td>Faculty Leadership Team</td>
<td>7</td>
</tr>
<tr>
<td>Faculty Advisory Board</td>
<td>8</td>
</tr>
<tr>
<td>ICI Student Breakdown</td>
<td>9</td>
</tr>
<tr>
<td>AmeriCorps VISTA Partnership</td>
<td>10</td>
</tr>
<tr>
<td>Our Clinicians</td>
<td>11</td>
</tr>
<tr>
<td>Our Clinics</td>
<td>12</td>
</tr>
<tr>
<td>New Initiatives</td>
<td>16</td>
</tr>
<tr>
<td>Patient Demographics</td>
<td>19</td>
</tr>
<tr>
<td>Research</td>
<td>20</td>
</tr>
<tr>
<td>Fundraising Efforts and Grants</td>
<td>24</td>
</tr>
<tr>
<td>10 Year Anniversary</td>
<td>25</td>
</tr>
<tr>
<td>Recognition and Membership</td>
<td>27</td>
</tr>
<tr>
<td>Future Plans: 2024</td>
<td>29</td>
</tr>
</tbody>
</table>
Hello,

On behalf of the Interprofessional Community Clinic (ICC) student and faculty volunteers, I am proud to introduce the ICC’s 2023 Annual Report. This report highlights the tremendous efforts of our volunteers over the past year and looks ahead towards the future of the ICC.

2023 was a year of tremendous expansion at the ICC: the opening of five new specialty clinics, a partnership with PADS Lake County, a community food pantry, and so many other initiatives that you can learn more about in this report. Thank you for your continued support, and I hope that you are as excited about the future of the ICC as we are!

Caroline Madigan
Caroline Madigan
2023 President
WHO IS THE ICC?

The Interprofessional Community Clinic is a student-led free clinic that serves the uninsured people of Lake County. Our mission is to promote health equity in clinical practice, education, research, and service through collaboration among interprofessional learners, educators, and community leaders.

OUR MAKEUP

34 EXECUTIVE OFFICERS
Student leaders from all of our interprofessional programs

30 FACULTY ADVISORS
Includes clinicians, community members, and other RFU faculty

5 FACULTY LEADERSHIP MEMBERS
Professionals dedicated to overseeing and teaching student leaders

149 PANEL MEMBERS
Student volunteers across 27 unique panels

259 STUDENT VOLUNTEERS
Includes advanced students and general volunteers in addition to our ICI volunteers
OUR ORGANIZATION

INTERPROFESSIONAL CLINIC INITIATIVE

Students who staff clinic and run daily operations

FACULTY LEADERSHIP TEAM

Faculty who mentor and guide our ICI executive officers

ROSALIND FRANKLIN UNIVERSITY HEALTH CLINICS

Administration who oversee clinic protocol and procedures
2023 ICC EXECUTIVE BOARD

Caroline Madigan  
President, Pulm Lead

Manasvi Paudel  
Vice President, Pulm Lead

Douglas Wang  
Med Informatics, Pain Lead

Aayush Kaul  
Clinical Operations

Kristina Nguyen  
Care Coordination

Naosuke Yamaguchi  
Care Coordination

Douglas Isa  
Quality Improvement

Alayna Dieter  
Scheduling and Training

Aayush Gupta  
Telehealth, Psych Lead

Chirag Divecha  
Telehealth

Carolynn Boatfield  
Community Outreach

Ruth Londono  
Interpreter Services

Jessica Hrnciar  
Labs

Wenting Hu  
Patient Education, Food Pantry Lead

Angela Kein  
Public Relations

Irmina Shareef  
Physical Therapy Rep

Kelly Magallon  
Behavioral Health Rep

Rebecca Silver  
Research

Kayla Talebi  
Finance

Eun Bi  
DEI

Paneed Jalili  
Archives, PADS Lead

Lyndsey Bassett  
PA Rep

Brenda Haddad  
Trans Health Rep

Jessica Liu  
Pelvic Health Rep

Kari Bonner  
Pelvic Health Rep

Cameryn Green  
Podiatry Rep

Sarah Siew  
Pharmacy Rep

Safoora Murad  
BMS Rep

Zachary Cherian  
Radiology Lead

Nathalie Gijsbers  
Psych Lead

Tovey Nederveld  
Ophthalmology Lead

Keana Khodadad  
Dermatology Lead

Jacob Wolf  
PADS Lead
“In my role as the Radiology Panel Lead, I’ve been able to train medical, physician assistant, and podiatry students to become proficient at acquiring, presenting, and understanding diverse sets of medical imaging. Through the ICC, students are able to put into practice the abilities and information we learn every single day, making us stronger and better equipped as future healthcare professionals.”

Zachary Cherian
Radiology Lead

“Volunteering with the ICC has helped me stay connected to why I wanted to pursue medicine in the first place: patient care. The ICC has given me the chance to put the lessons I’ve learned from class into action and to see the real world impact that medical professionals can have on patients’ lives.”

Aayush Gupta
Telehealth, Psych Lead

“In my role as EO of patient education, I’ve participated in health education initiatives and led the ICC food pantry. These experiences have given me a deeper understanding of the social determinants of health and the importance of addressing them in healthcare practice.”

Wenting Hu
Patient Education, Food Pantry Lead

Executive Officer
Reflections
FACULTY LEADERSHIP TEAM

Jeffrey Damaschke, PT, DPT, PhD
ICC Director of Clinical and Community Care

Melissa Chen, MD
ICC Medical Director

Misty Fils, MS, PA-C
ICC Assistant Medical Director

Sarah Haag, PT, DPT, MS
ICC Clinical Education Director

Yovanna Pomarico, MBA, CMA
ICC Administrative Officer
ICI STUDENT BREAKDOWN

The ICI student panel has volunteers from a multitude of different programs offered at RFU.

Students from all programs are encouraged to participate in any panel position they are interested in.
THIS YEAR, THE ICC PARTNERED WITH AMERICORPS THROUGH THE IAFCC TO GET CONNECTED WITH FIVE INDIVIDUALS DEDICATED TO INCREASING THE CAPACITY OF THE ICC.

**Full year:**
- **Khalilun Dashdeleg** - pelvic health service development, UIC MPH partnership development
- **Miranda Hertzog / Maggie Rice** - community outreach development, care coordination development

**Summer:**
- **Carli Tucci** - documented compliance for Gold Status NAFC Quality Standards
- **Evan Berke** - created patient satisfaction survey

VOLUNTEERS IN SERVICE TO AMERICA (VISTAS)
OUR CLINICIANS

PHYSICIANS
Melissa Chen, MD
Neal Gold, MD, MBA, FACP
Varsha Chandramouli, MD, FAAFP
Leo Kelly, MD, MHA, FACP
Kenneth Tomchik, MD
Amy Swift-Johnson, MD, FAAFP
Tilak Joshi, MD, FACP, DABOM
Jincy Joseph, MD
Ligaya Marasigan, MD
Cynthia Abban, MD
Martin Lanoff, MD
Lisa Thompson, MD
Paul Hung, MD
Biana Kotlyar, MD

PHYSICIAN ASSISTANTS
Misty Fils, MS, PA-C
Ziemowit Mazur, PhD, MS, PA-C
Kristine Burgess, MS, PA-C, CLC
Jason Radke, MMS, PA-C

INTERNAL MEDICINE RESIDENTS
Yuliana Petryshyn, MD, GME '26
Maram Al Ashoor, MD, GME '26
Ruba Ghalayni, MD, GME '26
Richard Orji, MD, GME '26
Ummarah Jaffar, MD, GME '26
Amulyareddy Dwaram, MD, GME '26
Bilal Alkalajji, MD, GME '25
Shirly Samuel MD, GME '23
Om Parkash MD, GME '23
Jashan Gill MD, GME '23
Arvin Mallari MD, GME '23

PHYSICAL THERAPISTS
Jeffrey Damaschke, PT, DPT, PhD
Sarah Haag, PT, DPT, MS
James Buskirk, PT, DPT, PhD
Liza Meiksins, PT, DPT
Kavork Hagopian, PT, DPT, MBA, FAAMPT
Karen Stevens, PT, DPT, MS
Abigail Hill, PT, DPT

NURSE PRACTITIONERS
Janis Quinn, DNP, APRN, CPNP-AC

CLINICAL PSYCHOLOGISTS
Kristin Schneider, PhD
Scot Hill, PhD
Brian Feinstein, PhD
Tamara Sher, PhD
Jessie Duncan, LPC
Raymond Silverman, MD

PODIATRISTS
Ashka Trivedi, DPM
Quena Woodard, DPM, FACFAS
Leland Jaffe, DPM, FACFAS, CWSP
Lauren Schnack, DPM, MS

PHARMACISTS
Danielle Candelario, PharmD, BCPS
Khyati Patel, PharmD
Jessica Cottreau, PharmD
Lalita Prasad Reddy, PharmD, MS, BCPS
Roberta Dume, PharmD, BCPP
Sneha Srivastava, PharmD, BCACP, CDE

53 TOTAL CLINICIANS
This year, our students recognized specific needs in our community and worked diligently to provide the following new specialty services:

**CORE SERVICES OFFERED**

- **Medicine**
  - Increased in-person capacity: from three telehealth & one in-person to: three in-person & one telehealth day per month
  - Provides a bridge to primary care services to the community

- **Podiatry**
  - Operating bimonthly
  - Delivers diabetic foot care, wound treatment, diabetic education, podiatric exams, and orthotic fittings

- **Behavioral Health**
  - Currently offering telehealth appointments every week, and in-person consultations three times a month
  - Helps adults cope with life challenges
  - Provides Health Behavior Change Consults (HBCC) for patients wanting support in managing their weight

- **Physical Therapy**
  - Operating weekly
  - Transitioned from treating six to nine patients a night
  - Provides services to those with functional limitations and disabilities

**OPHTHALMOLOGY**
**PAIN**
**DERMATOLOGY**
**PELVIC HEALTH**
**PSYCHIATRY**
OPHTHALMOLOGY CLINIC

Our Eye Screening Initiative (ESI) is dedicated to providing accessible screening services to patients in need of vision care. We had our inaugural clinic in May and had a total of 5 clinics in 2023. Monthly clinics are planned for 2024.

Under the guidance of Dr. Lisa Thompson, our team provides care for patients with:
- Cataracts
- Glaucoma
- Macular Degeneration
- Dry Eye
- Other eye conditions

PAIN CLINIC

Students developed an interprofessional pain consultation service with clinicians Dr. Martin Lanoff with Physical Medicine and Rehabilitation, and Dr. Sarah Haag, a physical therapist, opening the inaugural clinic in August and now operating monthly.

Services offered include*:
- Acute/Chronic Pain Management
- Spinal Injury Assessments
- Upper/Lower Extremity Joint Pain Assessments
- Therapeutic Injections

*The ICC does not dispense controlled substances*
**DERMATOLOGY CLINIC**

Dermatological care is frequently difficult to access in historically marginalized communities. Our first clinic opened in July under the guidance of Dr. Cynthia Abban, and is now operating bimonthly on Saturdays.

**Services offered include:**
- Head-to-toe skin checks/skin cancer screenings
- Biopsies
- Skin tag removal
- Counseling on safe sun practices
- Chronic skin condition management

---

**PSYCHIATRY SERVICES**

This service provides psychiatric care to ICC patients with help from our Behavioral Health Team. Our students organized this initiative after identifying gaps in our services when caring for our PADS patients.

Drs. Paul Hung and Biana Kotylar oversaw the development and opening of our services in December. This consultation service will continue with every PADS night.
**PELVIC HEALTH CLINIC**

The vision of the pelvic health clinic is to provide accessible and trustworthy pelvic health services and education to the historically marginalized populations in our community. Our first clinic opened on December 2nd with the help of Ligaya Marisigan MD, Sarah Haag DPT, and Kristine Burgess PA, and plans to operate monthly in 2024.

Services offered include:

- Cervical cancer screening
- STI screening and treatment
- Pelvic floor physical therapy
- HPV vaccines
- Contraceptive counseling and prescriptions

**New Initiative alongside our specialty clinics:**

**RADIOLOGY SERVICES**

In March, we recruited a panel of students who were interested in exploring new ways of serving our community with radiological services. Amber Haas, a student in our PA program and a former radiology tech, led trainings for students on taking foot and ankle X-rays and radiation safety.

Eight panel members were trained to use the ICC’s X-ray machine and take the X-rays for our podiatry patients under the supervision of Ashka Trivedi, DPM.
PADS Lake County is a community-based organization that provides trauma-informed support, resources, and shelter to individuals and families experiencing houselessness.

This year, we partnered with PADS to increase access to comprehensive healthcare services. Every month a caseworker from PADS brings clients to the ICC and collaborates with the interprofessional teams to coordinate care.

In the Initiative opened in March and is now operating monthly.
Many individuals in our community face food insecurity. We opened a “no questions asked” food pantry that operates on Thursday nights during the ICC. The goal of the ICC Food Pantry is to provide accessible and healthy food for our clients. Donated toys also were distributed during the holidays. This was all made possible by help from community volunteer Eddie Solito, donations from the Northern Illinois Food Bank, Ashwini Mokashi, and Toys for Tots.

The food pantry has operated at 15 clinics in 2023, and has distributed more than 1700 pounds of food.
EXPANDING LAB SERVICES

Thanks to our labs faculty advisor, Misty Fils PA-C, and the Executive Officer of Labs Services, Jessica Hrniciar CMS 2026, the ICC is now able to provide the following tests on clinic nights:

- Point of Care A1C, Lipids
- Point of Care Flu, Strep, and COVID-19 antigen testing
- Point of Care HIV, BV, and Trichomonas
- EKGs (new machine)
- Microscopy

The ICC also now sponsors a new phlebotomy certificate from the National Healthcareer Association to any laboratory panel member who completes the requirements.

Thank you to Patricia Loomis, PhD (Chicago Medical School) for loaning a microscope to the ICC for expanded laboratory service offerings!
PATIENT ENCOUNTERS

This year, our students created a new KPI dashboard to track clinic metrics and help with quality improvement measures.

55%
TOTAL ENCOUNTER INCREASE
From 448 encounters last year

695
TOTAL PATIENT ENCOUNTERS ACROSS OUR CLINICS
Including new specialty services
RESEARCH AT THE ICC

8 CONFERENCES ATTENDED

6 POSTERS

2 PUBLICATIONS

4 PRESENTATIONS

PUBLICATIONS:


CONFERENCES:

SRFCFA, SSFRCC, ASRC, APHA, NAP, AERA, JCIPE, NEXUS
“Revealing the True Costs and Benefits of Education in an Interprofessional Student-Run Free Clinic”

Students Joseph Rumenapp, Megan Mazander, Derek Lee, Emily Floramo, and Char Ong worked with faculty members Dr. Melissa Chen and Dr. Maureen Benjamins to analyze the cost-benefit of educational services at the ICC.

Their research showed that the estimated educational benefit of the ICC from 2021-2022 was $110,683.11

The ICC provided an educational return of $3.12 per $1 spent (3.12 BCR).

An estimated $5,634 of shadowing and $21,133 value in Interprofessional (IP) team opportunities were provided.

Caroline Madigan (MD, 2026) and Manasvi Paudel (MD, 2026): The Value of Student Volunteer Hours at a Student Run Free Clinic

- Estimated how much time is donated by students, the type of volunteering (administrative, meetings, clinic time), and ultimately, the estimated value of the cumulative time.

$23,400.00 for Executive Officers
$50,232.00 for Panel Members


- Description of the unique collaboration with PADS Lake County
- Analyzed what efforts went into this initiative, and how it can grow
Interprofessional Collaboration in a Student-Led Free Clinic Telehealth Model: A Competency-Based Analysis

The objective of this study was to identify the themes and occurrence of the 4 IPEC competencies during ICC telehealth medicine clinic encounters.

In 17 coded interactions, a total of 1285 occurrences of IPEC competencies were identified.

Significance: Current literature in interprofessional education is based on self-reported surveys. This is the first assessment of IPEC competency achievement based on observed data - thanks to a labor-intensive coding process!
$10K HFNL C GIVING TUESDAY MATCHING GRANT
- General grant to help support the ICC

$50K FROM THE IAFCC
- General grant to help support the ICC
- Also received an addition $500 microgrant to fund our 10 year anniversary celebration

$40K FROM THE RALPH J SMITH FOUNDATION
- Going towards opening up clinic for a second day of the week

$500 FROM THE CFCC
- Going towards developing a partnership with GoodPill to provide free medications for our patients in 2024

$1500 FROM THE ILLINOIS HEALTH AND HOSPITAL ASSOCIATION
- Grant to encourage team-based approaches for hypertension and cholesterol control in clinics or outpatient practices.
- Awarded to Ziemowit Mazur, PA-C, ICC Medicine Clinician

$40K FROM MOLINACARES
- Going towards purchasing vaccines and other medical supplies

$7K FROM COLLEGE OF HEALTH PROFESSIONS
- Going towards community outreach efforts

We also raised almost $50,000 at our annual Dance for Diabetes
The ICC was founded 10 years ago by Sarah Hershman (CMS, 2016), Hannah Lee (CMS, 2016), Svetlana Kozlovich (CMS, 2016), and Jenny Hua (CMS, 2019) with the primary objective of serving residents of Lake County with honor, consideration, and cultural sensitivity.

This year we celebrated 10 years of living that mission and expanding our clinic.
A Brief History

2013
The ICC is founded, and begins to offer primary care, podiatry, physical therapy (PT), and behavioral health services to uninsured adults in Lake County.

2021
The ICC opens telehealth services in order to continue to offer care during the COVID-19 pandemic.

2022
The ICC reopened for in-person services once a month.

2023
The ICC expands in-person operations and opens ophthalmology, pelvic health, pain, psychiatry, and dermatology specialty services. Students also take on radiology services for podiatry clinic.
RECOGNITION AND MEMBERSHIP

RECIPIENT OF NAFC GOLD STANDARD FOR 2023

- The ICC was awarded this status for ensuring that our protocols follow quality standards at the NAFC
- A special thank you to our VISTA, Carli Tucci, for helping us obtain this status

TEAM UNITY STUDENT LEADERSHIP AWARD (RFUMS)

- For outstanding contributions of an organization with strong membership and meaningful programming

MEMBERSHIPS

Illinois Association of Free & Charitable Clinics

National Association of Free Clinics (NAFC)

Chicago Free Clinics Consortium
STUDENT RECOGNITION

- Lyndsey Basset, ICI PA Representative, received the College of Health Professions Student of the Year Award
- Joseph Rumenapp, 2022 EO of Research, received the Dr. Rosalind Franklin Rising Student Award
- Caroline Madigan, CMS Class of 2026, will be the new National Coordinator of the Society of Student Run Free Clinics
- Ruth Londono, ICI EO of Interpreter Services, was awarded the Schweitzer Fellowship to initiate a health lifestyle and empowerment program for at-risk youth who come from financially unstable families

FACULTY RECOGNITION

- Misty Fils, ICC Assistant Director, received the College of Health Professions Educator of the Year Award
- Kristin Schneider, PhD, ICC Behavioral Health Clinician, recently earned tenure as a Professor of Psychology, and will be the next Psychology Chair.
- Melissa Chen, MD was inducted into the National Academies of Practice (NAP) as a fellow
- Sarah Haag, PT, DPT, served as the Master of Ceremonies at the San Diego Pain Summit
FUTURE PLANS: 2024

**Pediatric Care**

We hope to provide health physicals for school or sports, administer basic vaccinations, connect patients to social services, and promote health education within the pediatric population.

**Free Medications**

Through a new partnership with GoodPill, we aim to provide home delivery services for medications that bills our clinic directly - taking care of prescription costs for our patients.

**Expanded Service Dates**

We hope to offer a second day of clinic during the week.

**Gender Affirming Care**

Goal: to provide transgender health care.

---

**New Student Leadership**

**DELANEY GRIFFITHS**

2024 PRESIDENT

**SHIZA JEWEWA**

2024 VICE PRESIDENT
HOW CAN YOU HELP?

- **WE NEED CLINICIANS! IF YOU ARE A CLINICIAN IN THE AREA, OR KNOW OF SOMEONE WHO WOULD BE A GREAT FIT FOR THE ICC, PLEASE REACH OUT TO US!**

- **WE ARE ALWAYS LOOKING FOR MORE INTERPRETERS. IF YOU OR A FRIEND SPEAKS SPANISH, PLEASE REACH OUT TO US!**

- **AS A NON-PROFIT, OUR OPERATIONS DEPEND ON DONATIONS AND GRANTS. ANY DONATIONS ARE GREATLY APPRECIATED.**

YOUR GIFT COULD FUND:

- $25 — An Ankle Brace or a Pair of Diabetic Shoes
- $50 — A Walker Boot or Tetanus Shot
- $100 — One High Dose Flu Vaccine or Pneumonia Vaccine
- $500 — Five Vitals Boxes for Telehealth Patients
- $625 — A Certificate For One Student Interpreter
- $1,000 — One laptop, or 150 point-of-care cholesterol or diabetes checks, or 5 HPV Vaccines
Thank you!

THANK YOU TO ALL OF OUR CLINICIANS, VOLUNTEERS, MENTORS, AND SUPPORTERS.

Contact with questions or feedback: ICC@rosalindfranklin.edu

@icc_rfums

Interprofessional Community Clinic