



FAQs for Incoming Scholl College Students

When is the White Coat Ceremony?

White Coat Ceremony is held Friday afternoon at the end of orientation week.

What should I be doing over the summer?

Enjoying the time you have before school begins. Whether that's traveling, spending time with family or relaxing on the couch.

But seriously, I have some free time the summer before podiatry school starts. What would you recommend I do if I don't want to relax?

Do not burn out or overwhelm yourself the summer before medical school. However, if you are asking this question (twice) I bet you are looking for guidance. I would recommend looking over a subject that you feel you have little to no preparation in. If you do not have a background in anatomy, pick up an atlas and look it over. A challenging class early-on in the first year schedule is physiology and histology (called Structure & Function). If you know physiology is a weak spot for you, check out Dr. Najeeb's physio lectures on YouTube. If you have never taken a biochemistry course, watch the main pathways by AK Lectures on YouTube. If you want to be productive but not study "school subjects", learn a language with the Duolingo app. The intensity level of school is about to turn up to a maximum, and I do not blame you for wanting to keep your brain in high-gear during your summer.

What's the most difficult aspect of being in podiatry school?

Time management is the biggest for me. I try to look ahead at my schedule each week and plan out when I'm going to study.

How do I get involved with organizations?

Before the school year starts, there will be a student organization fair where most of the clubs in the University will be able to showcase themselves. Also, throughout the year the organizations will publish general meeting dates where you can pay your membership dues to become a member. But please remember; don't join a million and one student organizations right away. Make sure you get acclimated to the curriculum and figure out the lay of the land. Having student organizations listed on your CV is great, but your #1 priority is successfully completing your DPM degree. Don't overwhelm yourself.

Where can I go out and eat?

There are plenty of restaurants and bars only 15 minutes away. Libertyville is the best spot with Austin's Saloon with great specials like 50 cent tacos on Mondays and great places for brunch like Wildberry Pancakes and Egg Harbor Cafe. Lake bluff is also a great spot with Lake Bluff Brewing Co., Inovasi, or The Otherdoor. You can also check out the Silo or Lake House which are right across the street from Target. There are a lot of places to take friends and family with a variety of cuisines.



Where's the best place to live?

There are 3 main places that student tend to choose: On-campus apartment-style housing, Woodlands Apartments, and Navy Housing. They all offer their advantages and disadvantages and there are ambassadors that have lived at all of them and could share their experiences with you. On-campus style housing is just a short walk across the parking lot, pricing varies based on individual or multiple-student units, and they are not pet-friendly. The link for rates can be found below. Woodlands Apartments are located between campus and the clinic, this option features a pool and a few pet friendly buildings. Navy Housing is military affiliated (but not military exclusive) housing which features large backyards and the privacy of your own home, driveway, and garage. While these are the 3 most popular options, some students opt to live elsewhere and commute, so don't feel limited!

Ambassadors who can share their experiences about housing options:

- On-Campus Housing: **David** (david.warciak@my.rfums.org)
- Woodlands Apartments: **Lauren** (lauren.michels@my.rfums.org)
- Navy Housing experience: **Alisha** (alisha.joshi@my.rfums.org)
- Commuting: **Alan** (alan.lazzar@my.rfums.org)

Rates:

- On campus housing: [Click here](#)
- Woodlands Apartments: (RFU students only) [Click here](#)
- Navy Housing: (847) 689-4312 (Call for specific rates, sometimes they run specials on certain floor plans) [Click here](#)

How can I find a roommate?

If you are looking for a roommate among your fellow first-year Scholl classmates, we highly encourage you all to fill out the [Scholl College Roommates 2019-2020](#) spreadsheet! This link is exclusive to P1s at Scholl. It provides access to a spreadsheet where you can all fill out your detailed roommate preferences and then browse through the list to find potential roommates that would be a good fit for you. You can then contact those students on your own to coordinate your housing. (Please note that neither Scholl College nor the Scholl Ambassadors are involved in the vetting of any information posted here or monitoring the spreadsheet to link well-suited roommates. It is simply a centralized resource to help ease your roommate search. It is up to you to fill out your information and contact potential roommates as you wish.)

Alternatively, the RFUMS Office of Student Housing provides a school-wide online student forum for students to connect and find potential housing options and/or roommates. The link to this forum can be found [HERE](#) on Insite.



Is it possible to commute from home / off campus?

Commuting can take time out of your day that you normally would be using as free time or study time (or sleep time). However, if it is beneficial to you, either financially or provides with you a more comfortable living arrangement, it is a viable option. It requires knowing how long your drive will be and you will have to expect traffic. North Chicago is a heavily populated area and traffic can be troublesome. That being said, people still manage the commute and anything within an hour of drive time should be doable for your first year. Just make sure you plan accordingly and use your time outside of the classroom wisely to compensate for the hour or two you'll be losing from driving.

Where can I find out when we have breaks?

You can use the [academic calendar](#) to find quarterly breaks and when new quarters begin. Just remember to also consult your Scholl calendar, double checking break periods.

How do I submit my immunization records? When should I begin completing my immunizations?

You should begin getting your immunizations immediately because there are many repercussions if you are not up-to-date on immunizations (i.e., registration holds and not being able to participate in clinical education). Many volunteer opportunities require you to be up-to-date with immunizations too. Also, you may have to repeat certain immunizations. Not to worry though, this is more common than you may think.

<http://rfu.castlebranch.com>

If you are still in need of certain booster shots or titers done, the RFU clinic is close to campus. Here is the link to schedule any appointments.

<https://www.rfuclinics.com>

What if I begin struggling in a class?

If you begin to struggle in a class, the school will assign you a tutor free of charge. You may also request a class tutor if you feel you are falling behind in a class. Just make sure you're talking to Ms. Smith (Director of Student Affairs), your Faculty, or the University's Academic Support office. You have to say something!

What is the most cost effective way to get to the airport?

There are three major airports near RFU. The closest is O'Hare International Airport in Chicago (ORD), then Mitchell Field in Milwaukee, Wisconsin (MKE) and finally Midway International Airport (MDW) in Chicago {which is really far south}.

- The cheapest option of getting to the airport is to carpool with classmates and have someone drive you.
- There is also the option to order a taxi in advance that has a flat rate to the airport. The cheapest I have found is approximately \$45 from school to O'Hare. Here is a link to a website to preorder a taxi.

<http://303taxi.com/rates/>



- If you have your car and want to drive yourself to the airport, the cheapest lot at O'Hare is \$10 a day, which is worth it for short vacations. There is also a lot a little bit further away that you can do that buses you to O'Hare. Just google cheapest O'Hare parking! Most of the time it will depend on your travel time -- such as holidays.
- Milwaukee (MKE) has a "super saver lot" that you can check out too, their rate is \$7/day.
- The last cost-effective option would be to use Uberpool. This was about \$47. However, not splitting an Uber with others could cost over \$100 depending on the time of travel.

This document was created by our wonderful Scholl College Student Ambassadors. If you need clarification or have additional questions that weren't addressed here, they'd love to hear from you.

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