



# CMS NEWS

## The Chicago Medical School Newsletter

FALL 2018  
ISSUE 10

### EMERGENCY MEDICINE ACEP SCIENTIFIC ASSEMBLY 2018

*Two CMS students  
attend the assembly as  
student delegates.*

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### COL. CHRISTOPHER O'DONNELL RECEIVES IL VETERANS AWARD

*Col. O'Donnell receives  
the Bicentennial Honor  
200 Award from the IL  
Department of Veterans  
Affairs for his work helping  
students and veterans at  
CMS and the FHCC.*

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### WISH SYMPOSIUM

*RFU hosts third annual  
Women in Science and  
Healthcare Symposium to  
discuss gender and sex  
variables in innovation.*

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## Alumni Reunite at RFU Fest

Alumni returned to RFU for a reunion weekend dedicated to recognizing alumni accomplishments, honoring the legacy of past CMS leaders, and celebrating the futures of current students.

CMS alumni, faculty, students, and leadership attended the annual RFU Fest, held October 19-20 on campus and in downtown Chicago. Alumni took a guided tour of the university campus, which included visiting the simulation lab to see the latest technology available to students and checking in on the construction of the Research Park, scheduled to open spring 2019.

The on-campus events culminated in a special ceremony as the university's main lobby was renamed the Dr. John. J. Sheinin Legacy Lobby, in honor of Chicago

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## Dean's Message

Greetings from  
Dean James M. Record

The word "salute" derives from the word for health (L. *salus*) and a greeting for health and prosperity (L. *salutis*). The augurium salutis was an inquiry to the gods to determine whether the prayers for the public salus would be accepted. The annual prayer ceremony could only be held on a day of peace, typically involved a sacrifice

and ultimately was associated with the goddess Salus, protector of health.

Sadly, finding a day without war seems as much a challenge in our republic as in Rome's. Yet the public health focus remains an essential component of our shared CMS culture.

As we enter a time of year with a day of tribute to veterans and Thanksgiving, it is worth recognizing the importance of praying and working for the public salus, especially for those who have sacrificed so much. In this issue of CMS News, we celebrate those dedicated to supporting the health of our community in many forms: humanitarianism, gender equalities, research innovation, community service, philanthropy and more.

Please join me in giving thanks to all who support our collective health.

Salutis,

James M. Record, MD, JD, FACP  
Dean, Chicago Medical School





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# SYNAPSES

*A Creative Journal of Chicago Medical School*

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FINE ART • PHOTOGRAPHY**

**Submission Deadline: Sunday, January 13, 2019  
Visit <http://rfu.ms/synapses> for more information**

# Alumni News

## Alumni Reunite at RFU Fest

*(continued from cover)*

Medical School's former dean and president.

The alumni and other guests then moved to the Warwick Allerton hotel in Chicago for alumni class reunions and the inaugural Medallion Awards Dinner and Dance, where select alumni were honored for their outstanding professional and philanthropic accomplishments.

Award recipients included **Michael “Mickey” Drachler, MD ’78; Evelyn L. Lewis, MD ’83; and Natalie and S. Burton “Burt” Roth, MD ’63.**

Dr. Drachler and Dr. Lewis each received the CMS Distinguished Alumnus award, presented annually to alumni who have shown exceptional dedication to the medical profession and to CMS. Dr. Drachler

has dedicated his life's work to the practice of obstetrics and gynecology, retiring this year after 40 years of practice. Throughout his career, Dr. Drachler has proven his commitment as an educator and a physician, receiving numerous teaching and “Top Doctor” awards.

Dr. Lewis is a decorated U.S. Navy veteran who has dedicated her life to family medicine, with an emphasis on veteran healthcare issues and health disparities. She has received numerous prestigious honors and awards, including government awards and military service medals, and she is a highly-respected lecturer and speaker.

Dr. Roth and his late wife, Natalie — along with the Healthcare Foundation of Northern Lake

## Lobby Dedication Honors Former CMS Dean and President Dr. Sheinin



*Dr. John J. Sheinin in 1948*

Alumni, administration, faculty, and staff gathered for a special ceremony in the university's main lobby to dedicate the space as the Dr. John J. Sheinin Legacy Lobby. The new name honors John J. Sheinin, MD, PhD, Dsc, a gifted anatomist and dedicated leader who joined the Chicago Medical School in 1932 as Chairman of the Department of Anatomy. He was appointed Dean of CMS in 1935, and then President in 1950, a role he served until his retirement in 1966.

Under his leadership, academic advances and an increase in economic resources propelled CMS in 1948 to become the only school, of 79 independent institutions, to achieve full accreditation by the AAMC. Later in his tenure, Dr. Sheinin



# Alumni News

County —received the inaugural Rosalind Franklin University Philanthropy Medallion Award for their extraordinary generosity to CMS. Dr. and Mrs. Roth generously contributed \$1 million to the Dr. John J. Sheinin Memorial Endowed Scholarship Fund, changing the lives of countless students who will now be able to attend Chicago Medical School and become doctors. ■



*Right, top: Stanley Epstein, MD '58, with Meredith Baker-Rush, PhD, CCC-SLP/L, CHSE, assistant professor and clinical education specialist in the Department of Healthcare Simulation, during a tour of the university's simulation laboratory. Right, bottom: The CMS Class of 1988 celebrates their 30th reunion.*



**Front Cover:** Members of the CMS Class of 1958 celebrate their 60th reunion with CMS Dean Dr. James M. Record.

expanded research and built the Institute for Research in 1961.

Among Dr. Sheinin's honors are the Kappa Gold Medal Award in 1952, Award of Merit of Northwestern University in 1956, Horatio Alger Award in 1957, and the Award of Merit of the U.S. Navy and Ninth Naval District in 1966. Eleanor Roosevelt chose to recognize him in her nationally syndicated "My Day" newspaper column in 1949, and in the same year CMS bestowed an honorary DSc degree.

**S. Burton "Burt" Roth, MD '63**, who led the efforts to honor Dr. Sheinin's impact on CMS, gave remarks during the dedication ceremony. Dr. Welch, president and CEO of RFU, read quotes from alumni who had been students during Dr. Sheinin's tenure at CMS. For example, the late **Theodore N. Cohen, MD '48**, once said of Dr. Sheinin, "His sagacious deanship has affected the life of each and every one of us. Every student who has attended CMS in the past, who is a student there at present, and who ever will be part of the student body in the future, owes an eternal debt of gratitude to Dr. Sheinin."

It was because of Dr. Sheinin that countless Chicago Medical School alumni were given the opportunity to pursue their dreams of becoming physicians. The Chicago Medical School will always remain a monument to his wisdom, energies, and enthusiasm. ■

# A. MICHAEL DRACHLER, MD '78 ALUMNUS OF THE YEAR



**A. Michael “Mickey” Drachler, MD '78**, has dedicated his life's work to the practice and development of the field of Obstetrics and Gynecology. He retired from clinical practice earlier this year after 40 years of committed service as a physician at several local hospitals.

Dr. Drachler worked as an attending physician at Weiss Memorial Hospital, and Rush Medical Centers in Skokie and Chicago. He served as Department Chairman of Obstetrics and Gynecology at Rush North Shore Medical Center and was later appointed Lead Physician at Evanston Northwestern Healthcare.

Devoted to sharing knowledge, imparting skills and mentoring physicians in training, Dr. Drachler was honored with the Rush North Shore Residency Teaching Award in 1996, The Ortho Pharmaceutical Rush North Shore Faculty Teaching Award in 2000 and the Northwestern University Feinberg School of Medicine's Faculty Recognition Award in 2007, 2008, and 2009.

Dr. Drachler demonstrated an unwavering commitment to his patients. He was named Top Doctor in Ob/Gyn by Chicago Magazine in 2001 and 2011 and Chicago Metro Area Top Doctor by Castle Connolly Medicine Ltd. in 2001, 2002 and 2011.

A member of many professional organizations, he served as the President of the Chicago Gynecology Society from 2008-2009 and as treasurer, secretary, vice-president and eventually president of the Chicago Medical School Alumni Association from 2011-2013. He is a former member of the RFU Board of Trustees.

Dr. Drachler and his wife, Nancy, have two adult daughters and reside in Highland Park, Illinois. ■



# EVELYN LEWIS, MD '83 ALUMNUS OF THE YEAR



**Evelyn C. Lewis, MD '83**, is a decorated U.S. Navy veteran who has dedicated her life to family medicine. Dr. Lewis is a nationally recognized expert in the areas of community outreach and engagement, veteran healthcare issues, cultural competency, and health and healthcare disparities.

Dr. Lewis retired from the Navy in 2003 after 25 years of service. She later joined the Steptoe Group to develop what would become the Warrior Centric Health (WCH) platforms. Aside from serving as the Chief Medical Officer at WCH, she is the current Deputy Director of the National Medical Association/W. Montague Cobb Research Institute and President and CEO of Evelyn Lewis International Consulting.

Dr. Lewis has received numerous prestigious awards including: State of Tennessee House of Representatives Proclamation for co-development and instruction of the WCH training system, the Center for Disease Control (CDC) Agency for Toxic Substances and Disease Registry (ATSDR) Blacks in Government (BIG) Chapter Black Women Rock Award in Business, and the W.E. Upjohn Award for Innovation.

Her military honors include the Defense Meritorious Medal, Joint Service Commendation, the Navy and Marine Corps Achievement medal, Navy Sea Service Deployment, Navy and Marine Corps Overseas Service with bronze star, and the Coast Guard Special Operations Service medal.

Dr. Lewis is a highly-respected lecturer and speaker. She recently published a story in the Medicine and Natural Science section of the book *Women of Color in Leadership, Taking Their Rightful Place*.

Dr. Lewis and her husband, Carl, live in Newnan, Georgia. ■

# NATALIE AND S. BURTON ROTH, MD '63

## RFU PHILANTHROPY MEDALLION



**S. Burton “Burt” Roth, MD '63**, is a retired obstetrician-gynecologist who delivered over 5,000 babies during his illustrious medical career. Dr. Roth lived with his family in Oak Brook, Illinois for many years and was affiliated with Advocate Good Samaritan Hospital in Downers Grove.

Dr. Roth met his wife, Natalie, on a double date while he was stationed in the U.S. Air Force in Austin, Texas. She was his soulmate and the love of his life, and the Roths were married for 61 years until Mrs. Roth’s passing in September 2018.

Throughout his life, Dr. Roth has spoken of his high regard for the medical education he received from the Chicago Medical School and the great pride he has for CMS. He took to heart former CMS dean and president Dr. John J. Sheinin’s speech to his graduating class not to forget his alma mater.

Dr. Roth shared that CMS instilled in him the value of giving back and because of that, Dr. and Mrs. Roth bestowed upon the university a generous \$1 million gift to the Dr. John J. Sheinin Scholarship Fund in order to help CMS students become outstanding physicians. His best piece of advice for students is, “Follow your instincts and enjoy practicing medicine with integrity.”

The Roths have three adult children, five grandchildren and one great-granddaughter. Their son, Andrew Roth, MD, took over his father’s practice in the Western suburbs of Illinois.

Dr. Roth accepted the inaugural RFU Philanthropy Medallion Award in memory of his wife, **Natalie; Marshall A. Falk, MD '56; Herbert S. Lipschultz, MD '48; and Lawrence Moser, MD '50.** ■



### Richard Saul, MD '61, Donates Microscopes to RFU

**Richard Saul, MD '61**, FAAP, FAAN, gave a generous gift to CMS: his collection of seventeen microscopes, with dates ranging from the 1700s to the mid-1900s, along with nine books related to the history and collecting of microscopes. Dr. Saul became interested in collecting microscopes while traveling throughout Europe with his wife, Yolanda Saul, an art curator.

Dr. Saul, an expert in the fields of behavioral neurology and pediatrics, has dedicated his career to helping children and their families manage and resolve developmental and behavioral issues. In addition to founding his own behavioral neurology practice, he served as chair of the Department of Pediatrics and Adolescent Medicine at Highland Park Hospital and pediatric consultant to the U.S. Navy (Great Lakes). He later served as medical director and president of Highland Park Health Care, Inc.

Dr. Saul has also been dedicated to training later generations of physicians: he taught at CMS for more than 25 years as an associate professor and professor of pediatrics. Now his gift will give CMS students, faculty, staff, and visitors the opportunity to learn about the history of microscopy.

Dr. Saul donated the microscopes in memory of his son, Brad Saul, who passed away in 2015.

The microscopes will be featured as part of a special temporary exhibit on microscopy, scheduled for fall 2019. ■





# Captain Romeo C. Ignacio Jr., MD '97 Discusses Military Medicine and Humanitarian Efforts



*Capt. Romeo C. Ignacio Jr., MD '97*

U.S. Navy Captain **Romeo C. Ignacio Jr., MD '97**, visited RFU on October 4 to talk to students in an event organized by the Military Healthcare Professions Interest Group and the Surgery Interest Group. During his presentation, "Military Humanitarian Missions and Global Pediatric Surgery: My Path from CMS," Capt. Ignacio talked about his experiences performing pediatric and military surgery around the world.

Capt. Ignacio is the program director for the general surgery residency at Navy Medical Center San Diego (NMCS), the nation's largest USN general surgery training program. He is also a voluntary assistant clinical professor in the Division of Trauma, Surgical Critical Care, Burns and Acute Care Surgery at University of California San Diego School of Medicine. He has won many teaching awards, including the Arnold P. Gold Foundation's Humanism and Excellence in Teaching Award (2009) and the General Surgery Mentor of the Year Award (2010, 2012, and 2013).

He is also dedicated to humanitarian efforts. During his 21 years of active duty in the Navy (he will retire at the end of this year), Capt. Ignacio has traveled the world on humanitarian missions. He served as Director of Surgical Services and Advance Team Lead Surgeon in the Pacific Partnership 2012 humanitarian mission, which provided medical care to over 100,000 patients in host nations and surgical care to over 800 patients in Indonesia, Vietnam, Cambodia and the Philippines.

During his presentation to CMS students, Capt. Ignacio emphasized the importance of humanitarian work, encouraging his audience to get involved however they can. "These were the most valuable experiences for me," he said of his time spent leading large humanitarian missions, doing rescue operations, and training general surgeons overseas. He described the relationships he had formed during these missions and unique opportunities to gain knowledge — for example, treating diseases not commonly seen in Western countries, or





# Alumni News



performing an open appendectomy when a clinic did not have the equipment needed to perform a laparoscopic surgery.

"You learn just as much from them as they learn from you," he said.

Capt. Ignacio also encouraged students to volunteer in their local communities, doing humanitarian work in underserved areas in the U.S. if they aren't able to participate in global health missions.

Capt. Ignacio ended his presentation with some life lessons for his audience. He urged them to enjoy their journey through medical school, despite the stress they might sometimes feel, and to be a mentor to others when they have the opportunity. Finally, he encouraged them to become leaders and work for the change they want to see. "If you want change, you have to be an active part of the process," he said. ■



*Capt. Ignacio with CMS students, Dr. James M. Record, and Aron D. Mosnaim, PhD, PharmD, professor of cellular and molecular pharmacology, who was Capt. Ignacio's mentor when he was a student at CMS.*



# Alumni News

## SIGN Meet and Greet Networking Event

**Roberta Glick, MD '78**, lecturer of surgery and former CMS learning community mentor; **Daniel Wynn, MD '83**; and **Sachin Kapur, MD '05**, lecturer of neurology, were among the neurologists and neuroscientists who participated in the annual SIGN Meet and Greet networking event on October 29, organized by the Student Interest Group in Neurology (SIGN).

CMS students had the opportunity to sit down with a series of physicians, academics, and professionals in the fields of neurology and neuroscience. The professionals answered questions about their career paths, gave advice, and described how they chose their specialty and subspecialties.

Students rotated tables every 15 minutes so that each student was able to talk to professionals from a variety of subspecialties, including neurosurgery, clinical neurophysiology, and neuro-oncology. ■





# Alumni News

## “Business of Medicine” Alumni Series

**Lucy Hammerberg, MD '82**, CPE, FACEP, CMS director of specialty advising in the Office of Student Affairs and Education, spoke to students on October 24 as part of the university's “Business of Medicine” alumni seminar series. Dr. Hammerberg discussed her experiences working as Chief Quality Officer for Northwest Community Healthcare in Arlington Heights. ■



## Other News

CMS received a generous \$2.65 million estate gift from the late **Bohdan G. Giel, MD '40**, and Dr. Giel's wife, the late **Martha Barclay-Giel**. The funds will be used to provide scholarships to CMS students. Dr. Giel began his career in industrial medicine at Elwood Ordinance Plants Medical Clinic in Joliet, IL, and transitioned to internal medicine in the early 1950s. He served as a medical officer in World War II and earned commendation medals from the U.S. Public Health Service in 1972 and U.S. Coast Guard in 1974. Mrs. Giel, who passed away last year, was a captain and a commissioned officer in Uniformed Service with the U.S. Public Health Service Commissioned Corps. CMS and its students are honored to receive this most thoughtful gift and recognize Dr. Giel and Mrs. Barclay-Giel for their spirit of gratitude and generosity.

**Jeffrey Sherman, MD '81**, FACP, participated in the Diversity in Clinical Trials and Research Panel at the 8th Annual Diversity, Inclusion and Health Equity Symposium, held in Chicago on June 27. Dr. Sherman is chief medical officer and executive vice president of Horizon Pharma. He was recently appointed to the board of directors of Chicago-based Xeris Pharmaceuticals, Inc.

On September 26, **Jerrold Leikin, MD '80**, professor of

medicine, visited RFU to give a medical grand rounds presentation titled “Metal Toxicity in Primary Care.” Dr. Leikin is the director of medical toxicology at NorthShore University Health Systems.

**Martin Lanoff, MD '85**, was selected for the Chicago Magazine Special Sports and Orthopedic Edition Top Doctor list for October 2018.

**David T. Feinberg, MD '89**, MBA, president and chief executive officer of Geisinger, was named one of the “100 Great Leaders in Health Care” by Becker's Hospital Review. Dr. Feinberg was recognized for his innovative approach and patient-centered focus while leading the Danville, PA-based health system.

**Kelley Meade, MD '91**, was named interim associate dean of clinical and academic affairs at UCSF Benioff Children's Hospital Oakland.

**Ramsen Azizi, MD '08**, came to RFU to meet with student interest groups. Dr. Azizi, who runs his own plastic surgery practice in Chicago, talked to students about his path through medical school, residency, fellowship, and starting a practice. ■

# Summer Poster Session

CMS students, along with their peers from the College of Pharmacy and the Scholl College of Podiatric Medicine, presented research they conducted over the summer.

During the 2018 Summer Research Poster Session, held on campus on October 17, 77 CMS students presented a total of 68 posters. Students developed their project proposals under the guidance of faculty mentors and spent eight weeks during the summer conducting research. The students then prepared scientific posters that documented their results. Sponsored by the Office of the Executive Vice President for Research, the poster session provided students the opportunity to share their findings with other students, faculty and staff. ■

## Congratulations to the CMS winners:

1st Place: **Ashley Cohen**, CMS '21

“Neural Network Dysfunction in Cerebral Organoids Derived from Patients with KCNJ11 Mutations”

Mentor: Louis Philipson, MD, PhD, University of Chicago

2nd Place: **Avni Dervishi**, CMS '21, & **Sherwin Nassiri**, CMS '22

“Night Vision and Carotenoids”

Mentor: Stuart Richer, OD, PhD, Lovell FHCC

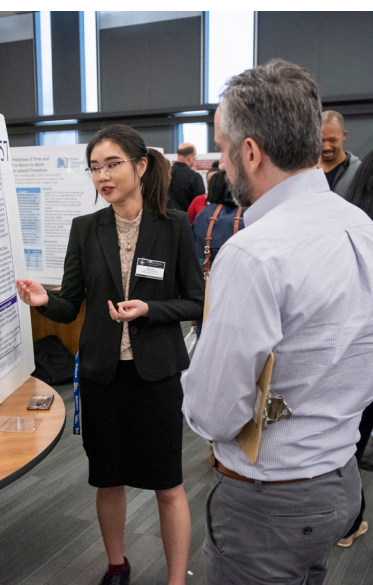
*Below, from left to right: Ashley Cohen, CMS '21, presents her poster to K. Michael Welch, MB, ChB, FRCP, president and CEO of RFU. Simone Raiter and Raven Wright, both CMS '21, present their poster, titled “Data Brief: Social Determinants in Breast Cancer Disparities.” Gloria Joo, CMS '21, presents her poster, titled “Effect of Age on the Chondrogenic Potential and Clinical Efficacy of Mesenchymal Stem Cell Treatment for Knee Osteoarthritis: A Literature Review.” Harsh Patel, CMS '21, presents his poster, titled “Early Detection of Diabetes through Use of MSI Modalities.” Courtney Hatcher, CMS '21, presents her poster, titled “Diabetes Education through Picture-Based Communication” to William Agbor Baiyee, PhD, assistant dean for educational research and student learning.*







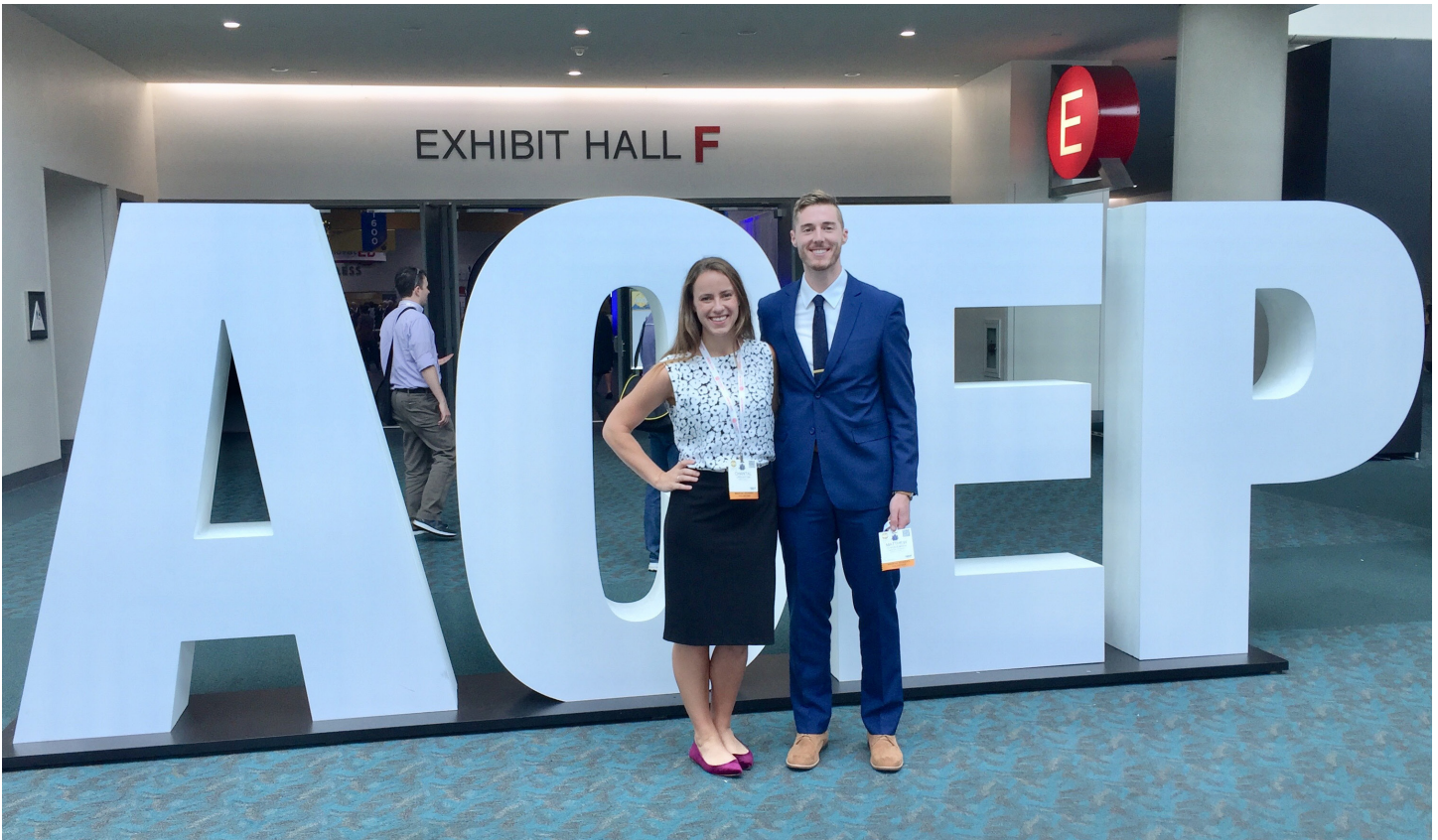
*Above: The CMS winners of the poster competition — Ashley Cohen, CMS '21; Avni Dervishi, CMS '21; and Sherwin Nassiri, CMS '22 — pose with Robert Marr, PhD, assistant dean for research; Oscar Hernandez, Resuscitation Institute administrative assistant; and James Record, MD, JD, FACP, dean of CMS.*





# Emergency Medicine ACEP Scientific Assembly 2018

Two CMS students report on their experience attending the scientific assembly as medical student delegates.



*Medical Student Delegates and EMED Co-Presidents Chantal Creighton (left) and Matthew Christensen (right), both CMS '21, at the main entrance to the 2018 ACEP Scientific Assembly in San Diego.*

The American College of Emergency Physicians (ACEP) Scientific Assembly is the largest annual emergency medicine conference in the world, celebrating its 50th anniversary this year at the San Diego Convention Center in San Diego, CA. Two students from the CMS Class of 2021, **Chantal Creighton** and **Matthew Christensen**, were selected from a nationwide pool of applicants to participate in the ACEP Medical Student Delegate Program during this prestigious week-long event. Ms. Creighton and Mr. Christensen are the ideal student representatives to this emergency medicine society, as they currently serve as the co-presidents for the RFUMS Emergency Medicine Interest Group (EMED).

Ms. Creighton and Mr. Christensen worked directly with the ACEP Education and Programming Committee during their assigned sessions to coordinate room preparation, introduce each speaker, facilitate the transition between speakers, and moderate the Q&A after each session. With over 300 individual speakers and clinical skills sessions, there was more than enough programming to keep our students busy.

Between these responsibilities, Ms. Creighton and Mr. Christensen attended committee meetings hosted by the Emergency Medicine Resident Association (EMRA). EMRA is a national community of medical student leaders and residents from



around the country, collaborating to design future events and share resources related to a career in emergency medicine. As members of the EMRA Medical Simulation Committee and inaugural Illinois Medical Student Council, our students are making a significant impact on national EMRA leadership and will be contributing to upcoming EMRA projects aimed at achieving these goals.

### About the ACEP Medical Student Delegate Program

The American College of Emergency Physicians (ACEP) hosts a Medical Student Delegate Program during its annual assemblies, selecting up to 24 students nationwide to assist with each of the 300+ programming sessions scheduled over the week-long conference. Ms. Creighton and Mr. Christensen were both selected to participate and represent Chicago Medical School at this high profile event.

### About the RFUMS Emergency Medicine Interest Group

The mission of the RFUMS Emergency Medicine Interest Group (EMED) is to educate future healthcare providers about careers in Emergency Medicine. EMED strives to provide educational and clinical experience for students to use in a patient care setting, hosting a variety of guest speakers, clinical skills workshops, and other innovative events throughout the year. For more information on EMED events and operations, contact [emed@rfums.org](mailto:emed@rfums.org). ■

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*Article and photographs submitted by Chantal Creighton and Matthew Christensen, CMS '21.*

## Student Testimony



**Matthew J. Christensen,**  
CMS Class of 2021

Co-President, Emergency  
Medicine Interest Group

"To be selected as a Medical Student Delegate for this conference was incredible. It was great to meet other students with similar interests and work alongside the physicians who organized the entire conference. As a scholarship student in the United States Navy I was especially fortunate to moderate two sessions about military medicine, and made connections with a handful of military physicians that I will certainly keep in touch with as my medical education continues. I even ran into an emergency physician I worked with before starting medical school, back when I was an EMT. Overall an outstanding experience."



**Chantal J. Creighton,**  
CMS Class of 2021

Co-President, Emergency  
Medicine Interest Group

"The ACEP Scientific Assembly was an incredible opportunity to meet medical students from around the country and network with emergency physicians. This was a unique chance to hear from leaders in the field about the real problems that all physicians are facing right now — from opioid epidemics and active shooter response to physician wellness and tackling burnout. Business aside, the Scientific Assembly was an engaging and fun experience that made me even more excited about pursuing a career in emergency medicine! I am grateful to ACEP for selecting me to be a Medical Student Delegate and to CMS for supporting this opportunity for career development."

# Col. Christopher J. O'Donnell Honored with Illinois Veterans Award



*Col. Christopher J. O'Donnell*

**Col. Christopher J. O'Donnell**, USMC (Ret.) was honored by the Illinois Department of Veterans Affairs and the Illinois Bicentennial Office ahead of the state's upcoming bicentennial celebration. Col. O'Donnell was named as a recipient of the Bicentennial Honor 200 award, which recognizes 200 Illinois veterans who have given back to their communities after being honorably discharged from military service.

"Both on and off the battlefield, veterans exemplify the meaning of selfless service, courage and compassion," a representative of the Illinois Department of Veterans Affairs said when seeking nominations for the award. "In this way, they are the exact role models we need in our communities."

Col. O'Donnell joined the U.S. Marine Corps at age 17 in 1957. He served as an Aviation Supply Officer, Logistics Officer, and Embarkation Officer in several squadrons and Marine Air Group units. After three years on active duty, he spent 39 years in the Marine Corps Reserve, retiring as a Colonel in 2000.

Nominees for the Honor 200 award were evaluated based on their military service and achievements, and on the extent that their contributions have aided, benefited and provided inspiration to their communities. The selected recipients are all individuals who have dedicated their time and energy to improving their communities and assisting their fellow service members, even long after their military service has ended.

"We are proud to honor these 200 men and women as part of our Bicentennial celebration," Governor Bruce Rauner said in a statement. "Their service didn't stop when they took off their uniforms. They continue to be heroes among us by going above and beyond the call of duty to take care of the people in their communities."

Col. O'Donnell supports veterans and medical students through his roles at Chicago Medical School and the Captain James A. Lovell Federal Health Care Center (FHCC). For the past three years, he has served as co-chair of the FHCC's Stakeholders Committee, which promotes engagement between FHCC veterans and CMS medical students. He is also the volunteer coordinator of the medical school's outreach to veterans, recruiting veterans







*Col. O'Donnell with his wife, RFU president and CEO Dr. K. Michael Welch, and RFU provost Dr. Wendy Rheault at the university's 2016 Veterans Day ceremony, where Col. O'Donnell was a featured speaker.*

to participate in CMS events like the annual “Veteran Patient Perspectives” panel and several “Patient Days” for the Essentials of Clinical Reasoning (ESR) courses.

During the popular “Veteran Patient Perspectives” panel, Col. O'Donnell manages the veterans’ engagement, collecting their profiles and organizing them into four panels of five veterans each. Each of these panels engages a classroom of 50 students, sharing their personal medical experiences and helping CMS students improve their understanding of future veteran patients. After its first year, the panel was incorporated into an elective course about military medicine.

Col. O'Donnell also continues to support the community beyond CMS and the FHCC. He is active at Sacred Heart Parish, Winnetka, and is involved with several Bible study

and spirituality groups. He is a member of the Glenview Marines, a group of veterans who work to support the Semper Fi Fund, The Marine Corps Scholarship Foundation, and several other charities. He volunteers at Josephinum Academy in Chicago, where he has started a program called “Speakers Corner.”

All the Honor 200 recipients have been invited to attend the state’s official 200th birthday gala as featured guests. The gala will be held at the United Center in Chicago on December 3, 2018. ■

*Col. O'Donnell with FHCC veterans and CMS students during the 2017 “Veteran Patient Perspectives” panel.*





# COPD Symposium: Advances in COPD and Asthma

The CMS Clinical Sciences Department hosted the 11th Annual COPD Symposium on August 22, inviting nationally recognized speakers in the field of chronic obstructive pulmonary disease (COPD) to discuss recent advances in technique and research.

Steven White, MD, professor of medicine at the University of Chicago Hospital and Clinics, gave a presentation titled “Severe and Difficult-to-Treat Asthma in Adults.” Julian Solway, MD, Walter L. Palmer Distinguished Service Professor of medicine and mediastrics, dean for translational medicine, and vice chair for research at the University of Chicago Hospital and Clinics, discussed “New Drugs in Asthma.” Sharon Rosenberg, MD, MS, associate professor of medicine and co-director of the Asthma and COPD Program at Northwestern University Feinberg School of Medicine, spoke about “New Breakthroughs in Severe Asthma Therapy.”

The event was organized and moderated by **Ashok Fulambarker**, MD, FCCP, professor of medicine at CMS and director of the Pulmonary Division at the Captain James A. Lovell Federal Health Care Center (FHCC). ■

*Dr. Julian Solway, University of Chicago Hospital and Clinics, discusses new drugs in asthma treatment.*





# RESEARCH SPOTLIGHT:

## Dr. Daniel Peterson and Dr. Beth Stutzmann

**Dr. Daniel Peterson and Dr. Beth Stutzmann, both in the Department of Foundational Sciences and Humanities, were recently included in the Illinois Science and Technology Coalition's 2018 "Researchers to Know" list. The list recognizes distinguished researchers at Illinois universities who have driven innovation and made significant impacts in their fields. Drs. Peterson and Stutzmann were two out of five Illinois researchers selected for the category "Advancing Medicine."**



**Daniel Peterson**, PhD, professor of neuroscience and director of the Center for Stem Cell and Regenerative Medicine, is an internationally recognized researcher in the fields of stem cell biology and gene therapy. His research focuses on stem cells as an approach to personalized regenerative medicine. Evidence suggests that most tissues in the body are a rare population of primitive stem cells. The goal of Dr. Peterson's research is to activate these cells, expand their numbers, and direct them to support the repair process. This research has applications in traumatic brain injury, stroke, and diabetic wound healing, among others.

Dr. Peterson is one of the foremost stem cell researchers in Illinois, and a national leader in the study of stem cells for regenerative medicine. He has served on editorial boards for several major publications, including *Neurobiology of Aging* and *Stem Cells and Development*. Prof. Peterson has also served as Chairman of the National Institutes of Health Study Sections, Neurogenesis and Cell Fate and Juvenile Protective Factors. Recently, Dr. Peterson was awarded a Fulbright Senior Scholar Award to support collaborative research with Dr. Oliver Brüstle at the Institute of Reconstructive Neurobiology, University of Bonn, Germany.



**Beth Stutzmann**, associate professor of neuroscience and director of the Center for Neurodegenerative Disease and Therapeutics, conducts research that focuses on the early pathological changes that occur within neurons in neurological disorders such as Alzheimer's disease and brain injury, long before a patient begins showing symptoms. By examining how neuronal networks change in both mice and humans, Dr. Stutzmann's research sheds light on how Alzheimer's disease alters pathways in the brain that support learning and memory. Based on these findings, she and her team are pursuing novel therapeutics for Alzheimer's that would prevent the pathogenic cascades and halt memory impairment.

To move promising new therapeutics for Alzheimer's disease into the pharmaceutical pipeline, Dr. Stutzmann founded the startup NeuroLucent. Thanks to the strength of Dr. Stutzmann's research, NeuroLucent has received funding from the Alzheimer's Drug Discovery Foundation and the National Institutes on Aging at NIH. NeuroLucent has also been awarded patents in both the U.S. and international markets. Altogether, Dr. Stutzmann's work in the field of Alzheimer's covers some 15 years and over \$3.6 million in cumulative grant funding from government, foundations and industry sources. ■

# WiSH Symposium: “Gendered Innovations Under the Microscope”

Rosalind Franklin University hosted its third annual Women in Science and Healthcare (WiSH) Symposium on September 13. This year’s theme was “Gendered Innovations Under the Microscope.” During a keynote lecture and a panel discussion, medical experts and industry leaders examined the importance of sex and gender variables in experimental design and technological innovation, including biomedicine, artificial intelligence, and robotics.

Londa Schiebinger, PhD, John L. Hinds Professor of History of Science at Stanford University and director of the EU/US Gendered Innovations in Science, Health and Medicine, Engineering, and Environment Project, gave the keynote lecture. Her presentation, titled “How Sex and Gender Analysis Improves Research, Technology, and Patient Care,” explored how considering sex and gender as a variable can improve discovery and innovation,

especially in the fields of medical research and technology. For example, research studies and drug trials that rely on predominately-male test groups can lead to unpredictable or even dangerous results for women.

She also discussed how, conversely, sex and gender differences can be over-emphasized in the field of robotics and artificial intelligence, resulting in the reinforcement of cultural stereotypes about gender roles. For example, robots programmed to perform a personal assistant function are often given female voices, names, and physical attributes. However, some robotics engineers are challenging gender norms by creating female robots with traditionally masculine mannerisms and actions, or by removing gender indicators entirely to create gender-neutral robots.

The second part of the symposium was a panel





discussion on the innovative power of sex and gender analysis, moderated by **Lise Eliot**, PhD, Center for Brain Function and Repair, professor of neuroscience. The panelists included Dr. Schiebinger; **Neelum Aggarwal, MD '92**, cognitive neurologist and associate professor of neurological sciences at Rush University Medical Center and Rush Alzheimer's Disease Center; **Jeffrey W. Sherman, MD '81**, FACP, chief medical officer and executive vice president of Horizon Pharma and adjunct assistant professor of medicine at the Northwestern University Feinberg School of Medicine; and Dima Elissa, MBA, CEO and founder of VisMed3D, a biomedical design and consulting firm, and co-founder of Symptomatic.io.

The panelists used their personal experiences in the fields of neurology, population health, biopharmaceutical development, healthcare technology design, and gender research to build off of Dr. Schiebinger's lecture by considering how sex/gender analysis could improve their fields. They discussed the importance of using sex/gender as a variable in clinical drug trials, considering

gender as a sociological factor in medical research, recognizing inherent bias in innovation and design, and encouraging more women to get involved in technological design and innovation. ■

*Clockwise from below: Rosalind Franklin, CPCC, ACC, RFU trustee and niece and namesake of Dr. Rosalind Franklin; Rosalind Franklin with the symposium participants: Dr. Neelum Aggarwal, Dr. Londa Schiebinger, Dr. Jeffrey W. Sherman, and Ms. Dima Elissa; the interprofessional panel, moderated by Dr. Lise Eliot.*





# Interprofessional Outreach

Interprofessional student groups, in coordination with RFU faculty and staff, hosted a charity run and a health fair to help provide health care to underserved communities.

## Colors of ICC Fun Run

A group of RFU students, including several medical students from the CMS Class of 2021, planned and managed the university's first Colors of ICC Fun Run, an untimed run/walk to benefit the Interprofessional Community Clinic (ICC). The event was planned by the Interprofessional Community Initiative Public Relations committee, led by **Emilia Norlin**, CMS '21, and Dylan Hast, fitness and recreation specialist in the university's Division of Student Affairs and Inclusion. Student organizers were **Majed Abbas**, **Shiva Barforoshi**, **Lexi Chanos**, and **Akshay Patel**, all CMS '21; Jessilyn Gibas, CHP '20; Ilham Jamal, COP '20; and Savannah Williams, CHP '19.



*Colors of ICC Fun Run*

Over 150 faculty, staff, students, and community members participated in the event, which took place on September 8. Runners were “painted” by spectators spraying six different colors of non-toxic powder representing the six services offered through the ICC. The run raised over \$2,800 to support the clinic.

The ICC is a a student-led free clinic operated by volunteer health professionals and Rosalind Franklin University and DePaul University students to serve the uninsured and underserved. Since its opening, the ICC has provided care for over 600 Lake County citizens in dire need of health services. The clinic offers patient-centered primary care as well as specialty care in the areas of podiatric medicine, physical therapy, psychology, women's health, and pharmacy counseling.



*Simone Raiter, CMS '21; Michael Smith, director of community engagement in the RFU Community Care Connection; Dr. April Newton; and Brianna Norris, CMS '21 at the health fair.*

## Body in Balance Health Fair

Outreach for Health (O4H) — an interprofessional student organization whose mission is to provide health care and health education to Lake County families — hosted the fourth annual “Body in Balance” interprofessional health fair, in partnership with the university's



Baldwin Institute and Community Care Coach, as well as the Foss Park District and the City of North Chicago. **Simone Raiter**, CMS '21, O4H president, and **Brianna Norris**, CMS '21, O4H executive board officer, coordinated the organizational efforts for the health fair with April D. Newton, PT, DPT, FNAP, director of the Interprofessional Community Clinic and interprofessional clinical specialist in the Baldwin Institute.

An interprofessional team of RFU students, faculty,

faculty clinicians, and staff volunteered for the health fair, which was held on September 22 at the Foss Park Community Center in North Chicago. Volunteers provided free flu shots and screenings for blood sugar, blood pressure, cholesterol, foot and balance, and heart rate to citizens from North Chicago and Waukegan. In addition to the basic health and wellness screenings, patients received educational materials about health and well-being topics like diabetes, nutrition, hypertension, and exercise. ■

## FACULTY SPOTLIGHT: Hector Rasgado-Flores



**Hector Rasgado-Flores**, PhD, professor of physiology and biophysics and director of diversity outreach and success, was named a “Distinguished Mexican Residing Abroad” by the Mexican government. This distinction was given to 31 individuals around the world who were recognized for having outstanding careers in their professional fields.

Dr. Rasgado-Flores has been a vibrant part of Chicago Medical School's Department of Physiology and Biophysics (now a division within the Department of Foundational Sciences and Humanities) since 1989, providing passionate and dedicated mentorship, teaching, and guidance to students. He has served on the CMS Admissions Committee and worked extensively with the university's INSPIRE Pathway Program. He has also received numerous grants for his research on how cells regulate the transport of ions and solutes across their membranes

under physiological and pathophysiological conditions. His studies focus on Cystic Fibrosis, biophysical properties of natural and artificial lung surfactants, and the mechanisms of transport of taurine across the brain blood barrier.

He was recently appointed to an additional position within CMS, serving in the newly created role of CMS Director of Diversity Outreach and Success. In this position, Dr. Rasgado-Flores collaborates with RFU Strategic Enrollment Management to develop and implement effective diversity outreach practices to attract and matriculate underserved, underrepresented in medicine students. He also works with the Office of Academic Learning Environment to provide holistic support to these students throughout their time at CMS.

In recognition of these accomplishments, Dr. Rasgado-Flores will receive a silver medal coined by the Mexican Mint especially for this award.

*¡Muchas felicidades, Professor Rasgado-Flores!* ■

# House Council Activities

The House Council is the co-curricular, student-led component of the CMS House and Learning Community Program. Every year, the House Council organizes events for their peers, focusing on peer mentoring, wellness, and social activities for mutual support and engagement.

## M1/M2 Peer Mentor Meet and Greet

The House Council's Peer Mentoring Committee runs a one-on-one mentoring program where each M1 is paired with an M2 mentor from the same house. The M2s provide advice and support throughout the first year, sharing knowledge and personal experiences to help the M1s adjust to medical school. On August 15, during the first week of school, the first-year students met with their peer mentors to get to know them. ■





## Open Mic Night

The House Council's Wellness Committee hosted the first Open Mic Night of this academic year on October 16. This event is held three times a year and gives students the opportunity to relax and take a break from their studies. Performances include singing, playing instruments, reading poems, and performing standup comedy sketches. ■



# STAFF CORNER

Get to know the staff members who make  
CMS a great place to study and work!

## Ashwini Mokashi

Supervisor — Undergraduate Medical Education Specialist,  
Department of Foundational Sciences and Humanities  
Time at CMS: 18 years



Ashwini describes herself as a “jack of all trades” — she started out working in the research labs of the physiology department, and now she helps oversee every aspect of the first-year curriculum. She has been vital to the medical school’s transition to the new curriculum.

Ashwini’s supervisor says: “Ashwini has been a valued member of the physiology department for many years and still enjoys participating in scientific research. Now she’s taken on a new role in the Department of Foundational Sciences & Humanities (FSH). She was a natural choice to join

the FSH Department in this capacity because of her conscientiousness and her collaborative attitude. She is always kind and generous with her time, helping faculty, students and staff.

“Ashwini has taken on many different projects in her role as supervisor. She has always had a reputation for being the ‘go-to’ person with any questions related to our testing software system (Exam Soft). She is also a valuable resource for helping to maintain consistency of course structure and course materials for the new curriculum, and for smooth roll-out of the formative exams and the new Friday case discussions. We are truly fortunate to have Ashwini as such a capable member of our team.” ■

## School & Department News

### Awards & Accomplishments



**Meredith Baker-Rush**, PhD, CCC-SLP/L, CHSE, assistant professor and clinical education specialist in the Department of Healthcare Simulation and interprofessional simulation specialist for the Baldwin Institute, was nominated as a Distinguished Fellow in the National Academies of Practice

for her collaborative work with other health professions and major contributions to the science and practice of speech language pathology.



**Neil Bradbury**, PhD, professor of physiology and biophysics, received a two-year, \$1,000 grant from Sigma Xi for his research study, “Lemur Tyrosine Kinase 2, a Critical Regulator of Gut



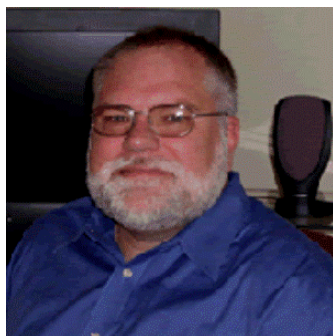
# School & Department News

Development and Function.”

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**Robert J. Bridges, PhD**, professor of physiology and biophysics and director of cystic fibrosis research, was awarded a one-year, \$192,000 grant from the Cystic Fibrosis Foundation for his research study, “Functional and Biochemical Screening of CFTR Variants.” Dr. Bridges also received a one-year, \$162,000 grant from the Cystic Fibrosis Foundation for another research study, “Biophysics and Pharmacology of Variant CFTR Anion Conductances.”

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**Joanna Dabrowska, PhD, PharmD**, Center for Neurobiology of Stress Resilience and Psychiatric Disorders, assistant professor of cellular and molecular pharmacology and neuroscience, was invited to serve on the international advisory committee

for the 12th Symposium on Catecholamines and Other Neurotransmitters in Stress.

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**Tonya Dixon, RN, MSN, MBA, MPH**, assistant professor and clinical education specialist for medicine, is a member of the Curriculum Inventory for Continuous Quality Improvement and Accreditation (CICA) Task Force for the AAMC. The CICA Task Force reviews elements and questions from the LCME Data Collection Instrument (DCI) to determine how each school's curriculum inventory data can support continuous quality improvement and accreditation efforts.



**Chineze Ebo, CMS '19**, was recently appointed to two leadership positions within the American Academy of Pediatrics (AAP) for the 2018-2019 term. She will serve as the AAP District VI Resolution Task Force Liaison for the Section on Pediatric Trainees. In this role, Chineze will assist

with the AAP resolution process, helping to introduce and edit resolutions from District VI that can change policies, promote advocacy, and help positively impact the standard of care for pediatric patients. She will also interact with other districts members and attend the 2019 AAP Annual Leadership Forum.

Chineze's second position is Medical Student Delegate for Chicago Medical School. In this role, she will facilitate communication between the medical students at CMS and AAP, ensuring that CMS has access to all of the available resources offered by AAP.

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**Raúl J. Gazmuri, MD, PhD '94, FCCM**, director of the Resuscitation Institute and professor of medicine and physiology and biophysics, was invited to become a member of the Science Subcommittee of the Emergency Cardiovascular Care Committee of the American Heart Association. He will serve in this position until June 30, 2020.

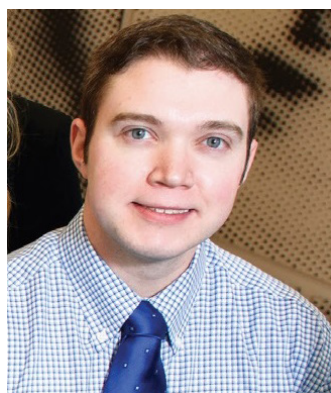


Dr. Gazmuri is also a member of the Resuscitation Science Symposium (ReSS) Program Committee of the American



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Heart Association. In this role, he moderated oral and poster presentations at the 2018 ReSS, held November 10-11 in Chicago.



*Morgan Gilmour*



*Jordan Newman*

**Morgan Gilmour**, CMS '19, received the inaugural BitIRA U scholarship for his essay describing how blockchain and cryptocurrency technology will change the world in the next 20 years. **Jordan Newman**, CMS '21, received an honorable mention in the scholarship competition.

BitIRA specializes in digital IRA setup and management; BitIRA U is committed to furthering education of cryptocurrency and blockchain technologies.

**Michelle Hastings**, PhD, associate professor of cell biology and anatomy and director of the Center for Genetic Diseases, received an eight-month, \$208,000 grant subcontract from Harvard University (primary sponsor National Institutes of Health)

for her research study, "Prevention of Complement and Immune-mediated Lewy Body Dementia."



Congratulations to **Laurie Lonicki**, faculty appointment administrative coordinator in the Department of Clinical Sciences, and **Lori Wasion**, administrative coordinator in the Office of Student Affairs and Education, who received GEM Awards for the summer quarter. These awards are presented by the university to recognize staff members who go the extra mile to make RFU a better place.



*Laurie Lonicki*



*Lori Wasion*



**Judith Potashkin**, PhD, professor of cellular and molecular pharmacology and CMS director of faculty affairs, received a two-year grant from the NIH's National Institute on Aging (NIA) for her research project, "Network Analysis for Identifying Disease Mechanisms and Therapeutic Targets for Dementia."

**Beth Stutzmann**, PhD, director of the Center for Neurodegenerative Disease and Therapeutics and associate professor of neuroscience, received a three-year, \$766,000 grant from the Department of the Army for her research





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study, "Identifying Common Underlying Mechanisms Driving Synaptic Deficits between TBI [Traumatic Brain Injury] and AD [Alzheimer's Disease]."

Dr. Stutzmann was also awarded a one-year, \$390,000 NIH grant for her research study, "Cellular and Synaptic Signaling Mechanisms Driving Early AD Pathology."

## Presentations & Publications



*Dr. Baker-Rush*

**Meredith Baker-Rush**, PhD, CCC-SLP/L, CHSE, assistant professor and clinical education specialist in the Department of Healthcare Simulation and interprofessional simulation specialist for the Baldwin Institute; **Amy Pabst**, MD, MHPE '14, assistant professor of family medicine and medical director of healthcare simulation; and **Lori Thuente**, PhD, RN, interprofessional education specialist in the Baldwin Institute, gave a presentation titled "Interprofessional Education (IPE) through Simulation: Bridging Education to Clinical Practice" at the 2018 American Speech Language Hearing Association (ASHA) convention, held



*Dr. Pabst*

November 15-17 in Boston. In addition to their presentation, the group received a fellowship /grant for their work in IPE and were awarded during the convention.

On May 31, **Jeffrey Bulger**, PhD, professor and director of bioethics and humanities, gave a grand rounds presentation for CMS psychiatry residents. In his presentation, "Philosophy of Language: Structure



and Limits," Dr. Bulger considered the nature of language and thought and how both are used to gain and share knowledge of the world around us. His presentation included practical applications of language and language limits, such as communication in a healthcare setting.



**Sam Bunting**, CMS '21, presented a poster titled "Educating Community Healthcare Workers About PrEP Using a Holistic, Interprofessional Service-Learning Model" at the Gay and Lesbian Medical Association (GLMA) National Conference in Las Vegas. He also ran an hour-long workshop on the same topic. Sam began this project as a 2017-2018

Franklin Fellow.

**Joanna Dabrowska**, PhD, PharmD, Center for Neurobiology of Stress Resilience and Psychiatric Disorders, assistant professor of cellular and molecular pharmacology and neuroscience, co-authored an article with Michael Janecek,



Lake Forest College summer intern. The article, titled "Oxytocin Facilitates Adaptive Fear and Attenuates Anxiety Responses in Animal Models and Human Studies — Potential Interaction with the Corticotropin-releasing Factor (CRF) System in the Bed Nucleus of the Stria Terminalis (BNST)," was published in *Cell & Tissue Research*.

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**Lise Eliot**, PhD, Center for Brain Function and Repair, professor of neuroscience, appeared on the PBS program *Chicago Tonight* on September 18 to discuss the American Academy of Pediatrics' newly released policy statement, "Ensuring Comprehensive Care and

Support for Transgender and Gender-Diverse Children and Adolescents." Dr. Eliot was also interviewed for two National Public Radio (NPR) programs: "Take Care," broadcast July 22 on WRVO, and "On Point," broadcast July 24 on WBUR.

**Raúl J. Gazmuri**, MD, PhD '94, FCCM, director of the Resuscitation Institute and professor of medicine and physiology and biophysics, published an article titled "2017 American Heart Association Focused Update on Adult Basic



Life Support and Cardiopulmonary Resuscitation Quality: An Update to the American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care" in the publication *Circulation*.



Sabena Khan

**Sabena Khan**, CMS '20, and **Maureen Benjamins**, PhD, assistant professor of medicine, recently published an article in the *Journal of Nutrition Education and Behavior* titled "Predictors of Food Insecurity in Selected Chicago Community

Areas." The study used data from the Sinai Community Health Survey 2.0 – conducted during Sabena's summer research internship at the Sinai Urban Health Institute in 2017 – to examine demographic and socioeconomic factors related to limited access to nutritious food.

**Binod Kumar**, PhD, senior research associate in the microbiology and immunology division of the Department of Foundational Sciences and Humanities, published a book chapter titled "Preventing Zoonotic



Influenza" in the book *Influenza: Therapeutics and Challenges*, edited by Shailendra K. Saxena of King George's Medical University. Dr. Kumar's chapter gives a comprehensive overview of the challenge of emerging zoonotic influenza viruses.



**Carl Lawson**, PhD, MPH, MA, RFU director of interprofessional global health and assistant professor of foundational sciences and humanities, gave a presentation titled "What Does 'Global Health' Mean?" as part of a faculty development series. Dr. Lawson

gave an overview of the multidisciplinary, interprofessional field of global health, its origins, recent changes in the field, and its importance in addressing morbidity and mortality worldwide.

On August 31, **Hector Rasgado-Flores**, PhD, professor of physiology and biophysics and director of diversity outreach and success, gave a Master Teacher Guild



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presentation titled “Music and the Brain.” Dr. Rasgado, who is a physiologist and a pianist, discussed the physiological basis of music perception and construction.



communication, teamwork, and interprofessional thought and practice in modern health care, where care is often fractionated between specialists.



**Mary Russell**, MS, RD, LDN, lecturer of nutrition, published an article titled “Treating the Whole Person: Food as Lifestyle Medicine” in the August issue of the *Journal of the Academy of Nutrition And Dietetics*. Ms. Russell currently serves as the academy’s president.



On September 26, **James M. Record**, MD, JD, FACP, dean of Chicago Medical School, along with Henish Bhansali, MD, FACP, medical director of Oak Street Health and former associate program director of internal medicine at NorthShore University HealthSystem, attended a panel event organized by the Internal

Medicine Interest Group (IMIG). Drs. Record and Bhansali discussed their paths through medical school, residency and fellowship, as well as their thoughts on internal medicine and the state of U.S. health care.

**William Rhoades**, DO, associate professor of medicine and vice chair of clinical sciences, gave a medical grand rounds presentation on August 8 titled “How Healthy Is Healthcare? – Patient Advocacy and Navigating the ‘New’ Healthcare System.” Dr. Rhoades discussed the necessity of



On October 3, **Nutan Vaidya**, MD, professor and chair of psychiatry and behavioral sciences and Senior Associate Dean for Academic Learning Environment, participated in an interprofessional panel discussion on suicide prevention, hosted by RFU’s Graduate Association

of Students in Psychology. The purpose of the Suicide Prevention Panel was to inform students, faculty and staff about warning signs in friends, family, and patients, and to clarify myths and bring awareness about suicide, depression, and mental health as a whole.



**Leslie Zun**, MD, BMA, professor and chair of emergency medicine and Assistant Dean for Faculty Talent Enhancement, gave a psychiatry grand rounds lecture on October 18 at the Captain James A. Lovell Federal Health Care Center (FHCC), in

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conjunction with Chicago Medical School's psychiatry residency program at the FHCC. Dr. Zun's presentation, titled "Evaluation and Treatment of the Psychiatric Patient in the Emergency Setting and The American Association for Emergency Psychiatry," focused on the need for training to ensure that healthcare providers working in the emergency department are properly equipped to recognize and evaluate patients presenting with a psychiatric and/or substance use disorder.

## Other News



The CMS Dean's Office welcomes **Sharlene Abbott** as its new Executive Administrative Assistant. Sharlene, who previously worked as senior administrative assistant in the Office of Academic Learning Environment, is a prolific communicator with years of experience in supporting senior

leaders, event planning, and managing a busy office environment.

## Events & Activities

**Alfonso Gomez, Maritza Martín, Stephanie Puga**, all CMS '21, and **Laura Rodrigues**, CMS '22, all members of the executive board of the Latino Medical Student Association (LMSA), participated in a panel discussion to kick off the "Del Pasado al Futuro: El Impacto Latinx en Medicina y Ciencia" exhibit speaker series. The students talked about their paths to medical school, the challenges they faced along the way, and the goals they had for improving their communities. They also discussed the history of the term "Latino" and the origin of the term "Latinx."

The speaker series, which was presented by the LSMA, the Office of Diversity and Inclusion, and the Division of

Institutional Advancement, also featured presentations by William F. Puga, MD, chief of psychiatry in the Illinois Department of Corrections, and Danielle Candelario, PharmD, BCPS, assistant professor in the College of Pharmacy.



On August 23, the Office of Academic Learning Environment (ALE) hosted a UIM (Underrepresented in Medicine) Welcome Dinner to welcome first-year students to campus. The event, titled "Passion and Purpose to Success," was organized by **Mildred M.G. Olivier**, MD '88, assistant dean for diversity and inclusion, and **Hector Rasgado-Flores**, PhD, director of diversity outreach and success. Students heard from faculty and staff from the Office of ALE and the Office of Student Affairs and Education, as well as faculty mentors from the House and Learning Community Program. ■





# DOCS Mentoring Program

**CMS alumni and other local physicians work together to support and encourage Chicago-area medical students from groups underrepresented in medicine.**

On September 8, the students and physicians in the Doctors of Color (DOCS) Mentoring Program met in Hyde Park for the program's fifth annual kickoff event. The DOCS program is a joint effort by Chicago Medical School and the Cook County Physician's Association (CCPA), a local chapter of the National Medical Association. The program was created in 2014 to promote and support medical students from underrepresented minority groups as they pursue careers in medicine and science.

Students, alumni, and faculty from Chicago-area medical schools (CMS, Loyola, UChicago, UIC, Rush, Northwestern, SIU, and Midwestern University) are invited to participate in the program. Each student is matched with a physician mentor for the year, who serves as a role model and provides activities like clinical shadowing and workshops. ■



**1.** Sharné Morrow and Alvin Onyewuenyi, both CMS '22. **2.** Carl Lawson, PhD, MPH, MA, RFU director of interprofessional global health; Mildred M.G. Olivier, MD '88, assistant dean for diversity and learning environment; and Ronald Rembert Jr., MD '00. **3.** Azieb Zemed, CMS '19. **4.** Natalie Shovlin-Bankole, CMS '21. **5.** The Chicago-area physicians participating in the program as mentors. **6.** Lloyd Sealey, CMS '22. **7.** Laurine Tiema-Benson, CMS '22. **8.** Carolyn Cook, CMS '22, and Leah Bolden, CMS '21.





*Chicago Medical School/Lovell Federal Health Care Center internal medicine fellows attend an orientation session at RFU.*

**We want to hear from you!**

**To submit information or news for upcoming issues, contact  
Candice Kosanke at [candice.kosanke@rosalindfranklin.edu](mailto:candice.kosanke@rosalindfranklin.edu).**



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