

### Guest Speakers



A dedicated physician, **Niva Lubin-Johnson**, MD, FACP, has been an advocate of quality health care for all, especially the underserved and underrepresented. She was installed as President of the National Medical Association (NMA) on August 14, 2018 and has been an active member of the NMA for over thirty (30) years.

In its 125-year history, Dr. Lubin-Johnson was only the third person, and the first female, to serve as President, Speaker, and Chair of the Board of Trustees. She credits her parents, Peggy and Benjamin Lubin with instilling in her the rewards of hard work and the necessity of service to her community.

Dr. Lubin-Johnson received her B.S. Degree in Pharmacy from Creighton University and her medical degree from Southern Illinois University School of Medicine, where she was distinguished as a member of the last class to finish within a three year time frame. Dr. Lubin Johnson completed her Internal Medicine residency at St. Joseph's Hospital, Chicago, and was in private practice for 29 years (in the neighborhood where she grew up and currently resides). Presently, she is a senior attending physician at Mercy Hospital and Medical Center; after 25 years as an Associate Attending, now Honorary medical staff member Advocate Trinity Hospital, and a clinical instructor at the University of Illinois. Dr. Lubin-Johnson has participated on several boards and committees at both hospitals, including the Mercy Hospital Executive Medical Board, Advocate-Trinity Physician Hospital Organization Board and the Trinity Medical Staff Medical Executive Committee, currently as Treasurer. She has served for twelve years on the Board of the Independent Physicians at Mercy, an IPA, and currently as Vice-Chair. In 2017,

Dr. Lubin-Johnson is a member of American Medical Association (AMA) and a fellow of the American College of Physicians. She served on the AMA Minority Affairs Section Governing Council from 2010-2017, including 2 as Chair. As Governing Council Chair, she was an Alternate Delegate to the AMA House of Delegates and a member of the AMA/NMA Commission to End Health Care Disparities and its' Diabetes/Hypertension Committee. Now serving on the AMA Women's Physician Governing Council until 2020 she holds the position of Chair for 2019-2020. Other professional memberships and responsibilities include Life Member Student National Medical Association, Trustee, Chicago Medical Society and Delegate to the House of Delegates, member of the Council of Government Affairs, Illinois State Medical Society and Alternate Delegate to the AMA House of Delegates for the Illinois Medical Society. She has served on the Nominating Committee for the Cook County Health System Board for 10 years and is now Chair. In 2017, Dr. Lubin-Johnson was selected to be one of the founding advisory members of TimesUp Healthcare and organization committed to gender equity for all who have careers in the healthcare industry.

Her service has extended beyond the medical community to higher education as a former Trustee and Chair of the Board of Trustees of Chicago State University, a Traditionally Black University, which graduates the most African Americans entering medical school in the state of Illinois. Her mother was a triple alum of CSU. As both her parents succumbed to cancer and brother to complications of diabetes, she believes in the need for self-care, wellness and preventive care to prevent burnout of physicians; and is also laser focused to do all she can to increase the numbers of African Americans entering and completing medical school.

She has lectured extensively in many health forums and is the recipient of numerous awards including the Illinois Committee of Concerned Blacks in Higher Education Trustee Award; Midwest Community Council—Nancy B. Jefferson Community Service Award; Dollars and Sense Magazine Best and Brightest Women in Medicine; the Kizzy Award—Black Women's Hall of Fame Foundation, the Student National Medical Association Award for Leadership and Service, and the Top Ladies of Distinction Orchid Award for Outstanding Women in Medicine.

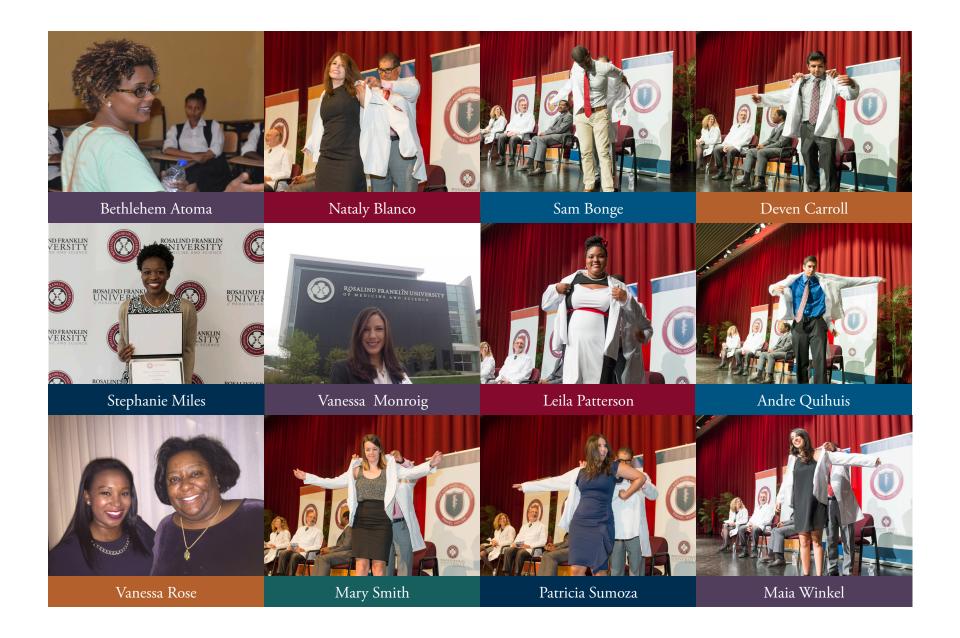
Dr. Lubin-Johnson is a proud member of Trinity United Church of Christ, and a life member of Alpha Kappa Alpha Sorority, Inc. Married to Joseph Johnson and are both cancer survivors, residing on the south side of Chicago enjoying bowling, boating and travelling in their free time.



Monica S. Branch, MD '17, is a third-year resident in Physical Medicine and Rehabilitation at Schwab Rehabilitation/University of Chicago, in Chicago, IL. She completed her medical training at the Chicago Medical School, where she was active in multiple service and leadership roles, including: SNMA CMS Chapter President; RFUMS Franklin Fellow; CMS LCME Diversity and Inclusion Committee Member; Co-Chair of the RFUMS Ambassador Program; and Graduate Assistant in the RFUMS Department of Enrollment and Strategic Management, the Office of Diversity and Inclusion, and the Community Care Coach mobile clinic. She is also a National Medical Fellowships Alum and former GE-Primary Care

Leadership Program Scholar. Prior to matriculating into medical school, Monica was a Sales Training Manager for a major medical device company, specializing in the use of spinal implants for Orthopedic and Neurosurgical spine procedures. She is also a Veteran of the United States Air Force.

Monica completed her intern year in Internal Medicine at UIC/Advocate Christ Medical Center. As a current PM&R resident, Monica is actively involved in promoting resident wellness, as well as being a patient advocate for the medical needs of the marginalized community of patients that she serves. Upon completion of residency, Monica hopes to pursue a career in PM&R Consults and Electrodiagnostic Medicine.





#### Bethlehem Atoma

Internal Medicine University of Minnesota Medical School

"Therefore, I a prisoner for serving the Lord, beg you to lead a life worthy of your calling, for you have been called by God." Ephesians 4:1. It is not only passion but also knowing my calling is what drives me to do what is right every day. I am very grateful for the unconditional support I received from my husband, my children, and above all my God throughout this journey.



### Nataly Blanco

Emergency Medicine Kendall Regional Medical Center, FL

Le quiero agradecer a mi familia y amigos con cuyo apoyo y amor siempre conté.



Sam Bonge Anesthesiology Cedars-Sinai Medical Center, CA

I owe all of my success to the support I receive from friends and family.



# **Deven Carroll**Orthopedic Surgery Henry Ford Hospital, MI

The last four years have been quite the journey. Reflecting over the last several years, there has been a tremendous accumulation of knowledge and I am grateful for all the faculty that have helped us grow and nurtured our curiosity. To Dr. Pilch and Dr. Neault, thank you for the career guidance and advice on how to navigate applying to residency and facilitating important discussions about what it means to be a good physician. I am excited for my next step in my journey and am very thankful for all the support and the community at Rosalind Franklin.



### Stephanie Miles Family Medicine Northwestern McGaw/NMH/VA, IL

I've wanted to be a physician since elementary school. Although I was not exposed to many African American physicians growing up, my desire of working in health care has motivated me to tailor my endeavors throughout life towards a career that would allow me to succeed in medicine. I'm particularly interested in reducing health disparities and unfavorable birth outcomes amongst African American women. As a family medicine physician, I'll have the ability to correct issues seen amongst my patients that are contributing towards these alarming statistics.



### Vanessa Monroig Pediatrics

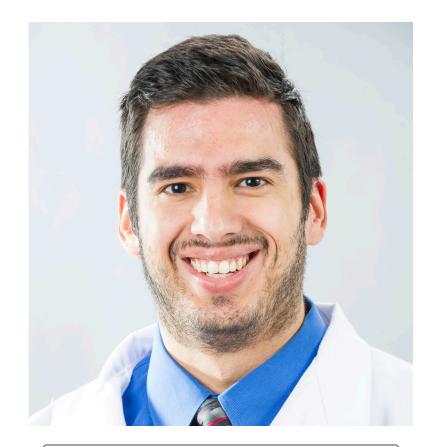
Emory University School of Medicine, GA

I dedicate this moment of joy to all the patients who showed me the beauty of medicine and who, through their resilience, inspired my commitment to serve them.



### Leila Patterson Family Medicine Advocate Health Care/ACMC, IL

I would like to thank Dr. Richardson and the Pre-Matriculation program.
Without their support I would not be in medical school or living my dream in real life. I have learned so much about who I am as a student and what I need to succeed. I will take these tools with me into residency and my career as a family medicine physician.



#### Andre Quihuis

Anesthesiology Icahn School of Medicine St. Luke's-Roosevelt, NY

The journey has been eventful with hills and valleys, cliffs and beaches, deserts and waterfalls, yet always moving forward no matter what it takes. Hoping that one day I too can be that inspiration to someone to be the best person they can be. On top of the world, had the moment, now go have another.



#### Vanessa Rose Family Medicine Northwestern McGaw/NMH/VA, IL

My journey has been non-traditional and with many adversities. I am grateful for the support of my family and mentors. I hope that my story can inspire future minority students in medicine.



# Mary Smith Obstetrics/Gynecology Western Pennsylvania Hospital

"If you are not willing to learn, no one can help you. If you are determined to learn, no one can stop you." — Zig Ziglar



### Patricia Sumoza Internal Medicine Rush University Medical Center, IL

There is no bigger pressure than the one imposed on yourself. I am thankful for the tight support group that allowed me to unburden me of my own expectations, embraced who I was, and propelled me to succeed.



## Maia Winkel Emergency Medicine Montefiore Medical Center/Einstein/Jacobi, NY

It is often the unexpected that drives us to be more resilient, more dedicated, and more compassionate. This shift in perspective can be paramount in realizing what our patients and their family members endure and what we ask of them. Gifting our knowledge — the pathophysiology of emphysema, the complications of CPR, the significance of an alarming CT image — is essential to alleviating the harrowing sentiment of the unknown, of what is unexplained.

#### Presented by the Office of Academic Learning Environment

Mildred M.G. Olivier, MD Assistant Dean for Diversity and Learning Environment

#### About Diversity at Chicago Medical School

Chicago Medical School (CMS) is committed to helping to create a well-trained, diverse workforce of physicians and other healthcare professionals who will be committed to working with underserved and disadvantaged populations to reduce health disparities. In keeping with this mission, CMS has programming to provide additional support and resources to medical students from groups historically underrepresented in medicine (URM). The URM program is designed to provide students with tools to better establish and manage a life balance during their student years and beyond, provide holistic support and the best learning environment for success, and increase students' opportunity to fully achieve their personal and professional potential.

